

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/20/23

PATIENT: FREE, KAYLA **DOB:** 10/21/1999 **Gender:** FEMALE **MRN:** 1378 **AGE:** 24 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Rash to right hand

HISTORY OF PRESENT ILLNESS: Mrs. Free is a 24 yo female here today for itchy rash to right hand for the past 1 month. She states she has applied neosporin cream with no relief. Last night it bubbled up into 3 blisters, but today the blisters are no longer there. She states the fluid filled blisters come and go.

VITALS: BP: 143/96 **Pulse:** 81; **Temp:** 97.5; **Resp:** 16; **Ht:** 66.5 in.; **Wt:** 142.8 lbs.; **BMI:** 22.7; **Pulse Oximetry:** 98%;
FDLMP: 11/20/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED)

Proair Digihaler 90 mcg/actuation aerosol powder breath act, sensor (NHALE 2 RAPID INHALATIONS AS NEEDED FOR COUGH. CONTACT MD IF NEED MORE THAN TWICE A DAY)

Qvar ReditHaler 80 mcg/actuation HFA breath activated aerosol (USE 2 PUFFS WITH SPACER TWICE A DAY)

Singulair 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)

Xyzal 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)

omeprazole 40 mg capsule, delayed release

PAST MEDICAL HISTORY: exercise-induced asthma, seasonal allergies, GERD.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking or illicit drug use. Drinks alcohol socially.

FAMILY HISTORY: Mother- HTN, depression.

HEALTH MX HISTORY: Dr. Meadows- allergist (recently retired).

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. Patchy area that has dry, erythematous macules in a cluster to dorsal right hand.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/20/23

PATIENT: FREE, KAYLA **DOB:** 10/21/1999 **Gender:** FEMALE **MRN:** 1378 **AGE:** 24 Years

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

L25.5 - Unspecified contact dermatitis due to plants, except food (PRIMARY)

Z87.09 - Personal history of other diseases of the respiratory system

PLAN:

Rx as per below. Follow up as needed.

triamcinolone acetonide 0.1 % topical cream

Refills: 0 Qty: 22 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY
(Dispensed)

Electronically signed by Lindsey Barton, CRNP on 11/20/23 9:55 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.