

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 03/01/21

**PATIENT:** SLADE, KATHERINE    **DOB:** 02/14/1982    **Gender:** FEMALE    **MRN:** 1379    **AGE:** 39 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Seasonal allergies

**HISTORY OF PRESENT ILLNESS:** States that over the past 2 mornings has been having a lot of drainage, waking up with a sore throat and a slight cough. Sore throat improves during the day. States she does not feel bad. She has been taking otc claritin and flonase with some relief. She has a history of seasonal allergies. She is an audiologist and is seeing patients in clinic today and request a COVID test for reassurance.

**VITALS:** BP: 147/96    **Site:** RIGHT ARM    **Position:** SITTING    **Pulse:** 84;    **Temp:** 99;    **Resp:** 96;    **Ht:** 66 in.;    **Wt:** 174.5 lbs.;  
**BMI:** 28.16;    **Pulse Oximetry:** 12%;    **FDLMP:** 02/22/21

**ALLERGIES:** Keflex ((Urticaria NOS) or (hives))

**MEDICATIONS:**

Claritin 10 mg tablet  
Synthroid 112 mcg tablet

**PAST MEDICAL HISTORY:** Sinus infections, seasonal allergies, Hearing loss, asthma; high cholesterol (diet controlled), hypothyroidism,

**PAST SURGICAL HISTORY:** D&C, tympanoplasty

**SOCIAL HISTORY:** Heterosexual female. No feelings of depression.

**FAMILY HISTORY:** Father=high cholesterol  
Mother = thyroid issues

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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**PSYCHIATRIC:** Appropriate mood and affect.

**ORDERS:**

STREP A (1 unit(s)): In-House Lab  
INFLUENZA (1 unit(s)): In-House Lab (DELETED)  
COVID Rapid Testing (1 unit(s)): In-House Lab

**RESULTS:**

STREP A:  
Value: Negative

COVID Rapid Testing:  
Value: Negative

**ASSESSMENT:**

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)  
J30.2 - Other seasonal allergic rhinitis  
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED  
R05 - Cough

**PLAN:**

Rapid COVID and strep negative. Continue otc claritin and flonase. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 03/01/21 9:59 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.