

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/25/21

PATIENT: O'BRIEN, LAUREEN **DOB:** 02/25/1960 **Gender:** FEMALE **MRN:** 1382 **AGE:** 61 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sick visit

HISTORY OF PRESENT ILLNESS: Ms. O'Brien presents today for a sick visit. She reports receiving the Covid vaccination last Friday and has since felt bad. She reports coughing, sob, slight sore throat, sore (L) lymph node, headache and loose stools. Denies fever. Symptoms have been ongoing for the past 6 days. She woke up this morning with a fever blister to her lower lip as well.

VITALS: BP: 123/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 97.3; **Resp:** 16; **Ht:** 63 in.; **Wt:** 121.4 lbs.;
BMI: 21.5; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Adderall XR 30 mg capsule, extended release (1 tablet PO daily)

PAST MEDICAL HISTORY: ADHD, fever blisters

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Employee on campus.

FAMILY HISTORY:

PCP: Dr. Tuck at East Montgomery Primary

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. + left submental lymphadenopathy. No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. + ulcerated, erythematous lesion to left lower lip.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Positive
Comment: A

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J11.1 - Influenza due to unidentified influenza virus with other respiratory manifestations (PRIMARY)
R05 - Cough
Z20.822 - Contact with and (suspected) exposure to COVID-19
B00.9 - Herpesviral infection, unspecified

PLAN:

Valacyclovir for HSV 1. She is out of the 48 hr window for antiviral treatment for the flu. Rx for bromfed for cough.
Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS as needed for cough/congestion

valacyclovir 1 gram tablet
Refills: 2 Qty: 4 TABLET(S)
Instructions: 2 tablets every 12 hrs x 2 doses for cold sores.

Electronically signed by Lindsey Barton, CRNP on 02/25/21 4:22 PM



J. Barton, CRNP