

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/29/21

PATIENT: O'BRIEN, LAUREEN **DOB:** 02/25/1960 **Gender:** FEMALE **MRN:** 1382 **AGE:** 61 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Covid exposure

HISTORY OF PRESENT ILLNESS: Ms. O'Brien presents today for covid exposure to her granddaughter last week. Yesterday she experienced a headache, dry throat and a cough. Today she has had diarrhea. She was fully vaccinated for COVID on March 5th.

VITALS: BP: 134/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 82; **Temp:** 97; **Resp:** 16; **Ht:** 63 in.; **Wt:** 123.6 lbs.;
BMI: 21.89; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Adderall XR 30 mg capsule, extended release (1 tablet PO daily)
valacyclovir 1 gram tablet (2 tablets every 12 hrs x 2 doses for cold sores.)

PAST MEDICAL HISTORY: ADHD, fever blisters, COPD

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Employee on campus. Former smoker quit 2019 in which she smoked 1/2 ppd for several years.

FAMILY HISTORY:

PCP: Dr. Tuck at East Montgomery Primary

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
J39.9 - Disease of upper respiratory tract, unspecified
R51.9 - HEADACHE, UNSPECIFIED
R19.7 - Diarrhea, unspecified

PLAN:

COVID and flu negative. Recommended otc antihistamines for symptomatic relief. OTC immodium as needed for diarrhea. Increase fluid intake and bland diet for next 24 hrs. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 04/01/21 10:11 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.