

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/26/21

PATIENT: O'BRIEN, LAUREEN **DOB:** 02/25/1960 **Gender:** FEMALE **MRN:** 1382 **AGE:** 61 Years

VISIT TYPE: Lab Only

CHIEF COMPLAINT: nasal congestion, shortness of breath at times, altered taste, cough, nausea.

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of nasal congestion, sore throat, shortness of breath at times, altered taste, cough, nausea. Patient does admit that she took some old medication yesterday (an antibiotic and that could be the reason for her nausea. All symptoms except nausea have been present since Sunday. Patient is fully vaccinated with the Pfizer vaccine.

VITALS: BP: 132/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 90; **Temp:** 97; **Resp:** 18; **Ht:** 61 in.; **Wt:** 117.6 lbs.;
BMI: 22.22; **Pulse Oximetry:** 98%

ALLERGIES: Atrovent; codeine

MEDICATIONS:

Adderall XR 30 mg capsule, extended release (1 tablet PO daily)
Atrovent HFA 17 mcg/actuation aerosol inhaler (2 puffs as needed)
cetirizine 10 mg tablet (1 tablet daily)
valacyclovir 1 gram tablet (2 tablets every 12 hrs x 2 doses for cold sores.)

PAST MEDICAL HISTORY: ADHD, fever blisters, COPD

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Employee on campus. Former smoker quit 2019 in which she smoked 1/2 ppd for several years. Denies illicit drug use, admits to ETOH use on occasion.

FAMILY HISTORY:

PCP: Dr. Tuck at East Montgomery Primary

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

Rocephin 1G:
Site Given: Right Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J20.9 - Acute bronchitis, unspecified (PRIMARY)
J01.90 - ACUTE SINUSITIS, UNSPECIFIED
R05 - COUGH
R06.02 - SHORTNESS OF BREATH
Z20.822 - Contact with and (suspected) exposure to COVID-19

PLAN:

Augmentin 875 mg-125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler
Refills: 2 Qty: 1 INHALER(S)
Instructions: INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED for

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sob/wheezing

Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 09/11/21 1:39 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".