

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/10/21

PATIENT: WOODS, BAILEY **DOB:** 12/12/2007 **Gender:** FEMALE **MRN:** 1391 **AGE:** 13 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: Pt is a 13 YOF who comes in with her mom. She reports having s/s of sore throat, stuffy nose, body aches, hoarse voice. She denies fever, N/V/D, loss of taste or smell.

VITALS: BP: 109/66 **Pulse:** 68; **Temp:** 97.9; **Resp:** 16; **Ht:** 60 in.; **Wt:** 100 lbs.; **BMI:** 19.53; **Pulse Oximetry:** 99%;
FDLMP: 10/25/21

GROWTH PERCENTILES:

Weight/Age: 32

Height/Age: 13

Weight/Height: N/A

BMI/Age: 53

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Ninjacof 12.5 mg-12.5 mg/5 mL oral liquid (5 ML PO EVERY 8 HRS AS NEEDED FOR COUGH AND CONGESTION)

PAST MEDICAL HISTORY: seasonal allergies, eczema, history of pneumonia

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: lives with her mother.

FAMILY HISTORY: Mother- anxiety, HLD; Father- HTN, HLD.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Fain, Maranda - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Fain, Maranda - CRNP

ASSESSMENT:

J02.9 - Acute pharyngitis, unspecified (PRIMARY).
R09.81 - Nasal congestion.
J06.9 - Acute upper respiratory infection, unspecified.

PLAN:

Here with her mom, reports cough and congestion. Covid, flu, strep negative. URI versus allergies and common cold. Steroid shot in office. clear drainage, no antibiotic. Will send in ninja cof for s/s. Mom agrees. Call if not better by Monday.

Ninjacof 12.5 mg-12.5 mg/5 mL oral liquid
Refills: 0 Qty: 120 ML(S)
Instructions: 2 tsp PO EVERY 8 HRS AS NEEDED FOR COUGH AND CONGESTION

Electronically signed by Maranda Fain, CRNP on 11/10/21 4:20 PM

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M. Fain, CRNP