

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/19/22

PATIENT: VINAYAK, SANKALP **DOB:** 03/30/1999 **Gender:** MALE **MRN:** 1392 **AGE:** 23 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, sore throat, fatigue, feeling feverish/chills since Sunday with +COVID exposure. Symptoms: Dad tested positive over weekend and his mom tested positive today. He has same symptoms.

VITALS: BP: 125/75 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 96; **Temp:** 99.6; **Resp:** 16; **Ht:** 67 in.; **Wt:** 199.5 lbs.; **BMI:** 31.24; **Pulse Oximetry:** 95%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Zyrtec 10 mg tablet (daily)

PAST MEDICAL HISTORY: benign brain tumor removed when he was 2 yrs old.

PAST SURGICAL HISTORY: Brain tumor removal at 2 yrs old.

SOCIAL HISTORY: Lives with parents. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

STREP A (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Negative

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R53.83 - OTHER FATIGUE

Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

PLAN:

Most likely has COVID and too early for positive. Symptoms started yesterday. He requests paxlovid. PCR sent for confirmation. Will need to quarantine for next 5 days. He verbalized understanding. AUM instruction sheet for home care given as well.

Paxlovid 300 mg (150 mg x 2)-100 mg tablet (EUA)

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE BY ORAL ROUTE 2 TIMES PER DAY PER PACKAGE DIRECTIONS FOR 5 DAYS

Electronically signed by Lindsey Barton, CRNP on 07/19/22 3:31 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.