

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/10/23

PATIENT: BOWEN, ALLISON **DOB:** 04/25/2005 **Gender:** FEMALE **MRN:** 1393 **AGE:** 17 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: runny nose, headache

HISTORY OF PRESENT ILLNESS: Ms. Bowen is a 17 yo female here today for runny nose, headache, scratchy throat, decreased appetite, cough, and body aches that started yesterday. Denies fever. Both her parents have recently tested positive for the flu. Her mother last week and her father yesterday. Denies sob or wheezing.

VITALS: BP: 136/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 98; **Temp:** 98.7; **Resp:** 16; **Ht:** 69 in.; **Wt:** 241.5 lbs.;
BMI: 35.66; **Pulse Oximetry:** 99%; **FDLMP:** 12/27/22

GROWTH PERCENTILES:

Weight/Age: >97

Height/Age: 97

Weight/Height: N/A

BMI/Age: >97

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Advair Diskus 250 mcg-50 mcg/dose powder for inhalation (INHALE 1 PUFF BY INHALATION ROUTE 2 TIMES PER DAY APPROXIMATELY 12 HOURS APART AT THE SAME TIMES EACH DAY)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (2 puffs every 4-6 hrs as needed)

PAST MEDICAL HISTORY: asthma

PAST SURGICAL HISTORY: dermoid cyst removed at age 2.

SOCIAL HISTORY: Lives with her parents. Attends school. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- breast cancer diagnosed at age 50.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
R52 - PAIN, UNSPECIFIED

PLAN:

AUM COVID care instruction sheet given. Continue advair as directed and use albuterol prn to prevent asthma exacerbation. Tylenol or motrin as needed for fever/pain. Quarantine for five days. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 01/10/23 1:41 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.