

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/14/26

PATIENT: BOWEN, ALLISON **DOB:** 04/25/2005 **Gender:** FEMALE **MRN:** 1393 **AGE:** 21 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus drainage, itchy throat, productive cough with green sputum since Sunday

HISTORY OF PRESENT ILLNESS: 21 YO F PTC with c/o dry cough, itchy throat and sinus drainage beginning sunday, states has had to use inhaler. Pt denies fever, chills, body aches.

VITALS: BP: 115/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 97.1; **Resp:** 16; **Ht:** 69 in.; **Wt:** 243.3 lbs.;
BMI: 35.92; **Pulse Oximetry:** 98%; **FDLMP:** 04/20/26

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lexapro 10 mg tablet (daily)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (2 PUFFS EVERY 4-6 HRS AS NEEDED for shortness of breath/wheezing. (Please disp 1 inhaler).)

PAST MEDICAL HISTORY: asthma

PAST SURGICAL HISTORY: dermoid cyst removed at age 2.

SOCIAL HISTORY: Lives with her parents. Attends school. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- breast cancer diagnosed at age 50.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)

PLAN:

Pt advised to take all meds as directed, stay well hydrated and obtain adequate rest. If issues persist or worsen,

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RTC or go to ED.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Refills: 0 Qty: 1 APPLICATOR(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE ONCE DAILY AS NEEDED

benzonatate 200 mg capsule

Refills: 0 Qty: 30 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Electronically signed by Breena Till, CRNP on 05/14/26 3:18 PM

