

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/24/20

PATIENT: FLEMING, SANDRA **DOB:** 02/12/1974 **Gender:** FEMALE **MRN:** 1394 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Covid exposure

HISTORY OF PRESENT ILLNESS: Ms. Fleming presents today for dry cough, congestion and right ear ache. Her niece and daughter tested positive yesterday. She woke this morning with sinus pressure and fatigue. Denies fever, sob, n/v/d, or loss of taste/smell.

VITALS: BP: 151/100 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 97.5; **Resp:** 16; **Pulse Oximetry:** 97%

ALLERGIES: Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

Sprintec (28) 0.25 mg-35 mcg tablet
Zoloft 50 mg tablet

PAST MEDICAL HISTORY: Anxiety, migraine headaches, Seasonal allergies, mononucleosis, pregnancy; HTN

PAST SURGICAL HISTORY: C-section, cholecystectomy

SOCIAL HISTORY: Married. Denies smoking, drug use, drinks alcohol socially.

FAMILY HISTORY: Mother: Diabetes, hyperlipidemia, hypertension, stroke; Father: Cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- Left tympanic membrane is clear. Right TM with serous fluid. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Solumedrol 125mg/2ml (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

COVID Rapid Testing:
Value: Negative

Solumedrol 125mg/2ml:
Site Given: Right Gluteus Maximus
Dosage Given: 1 unit(s)
Administered By: Havard, Jyssica - MA

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
R05 - COUGH
H65.01 - ACUTE SEROUS OTITIS MEDIA, RIGHT EAR
J30.2 - OTHER SEASONAL ALLERGIC RHINITIS

PLAN:

Will need to self isolate for 14 days from yesterday when her daughter started showing symptoms and tested positive. Follow up if any new symptoms develop and as needed.

Of note, she was recently started on BP medication at Care Here clinic. She did not take it last night as she forgot. She is monitoring her BP at home.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 1 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 8 HOURS as needed for congestion and cough

Electronically signed by Jyssica Havard, MA on 11/24/20 8:52 AM

Electronically signed by Lindsey Barton, CRNP on 11/24/20 10:21 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.