

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/05/23

PATIENT: SMITH, LISA **DOB:** 09/29/1967 **Gender:** FEMALE **MRN:** 1403 **AGE:** 55 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy tigers

HISTORY OF PRESENT ILLNESS: Annual physical. Overall she is doing well. She needs refills on her medicines. She has no complaints today.

VITALS: BP: 116/70 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 80; **Temp:** 96; **Resp:** 16; **Ht:** 63 in.; **Wt:** 191.3 lbs.;
BMI: 33.88; **Pulse Oximetry:** 99%

ALLERGIES: Demerol

MEDICATIONS:

Restasis 0.05 % eye drops in a dropperette
losartan 100 mg tablet (1 TABLET PO QD)
loteprednol etabonate 0.5 % eye drops,suspension
spironolactone 50 mg tablet (1 TABLET PO QD)

PAST MEDICAL HISTORY: Arthritis, fractures, hypertension, chicken pox , HLD, prediabetes, eye problems- dry eyes and "pre-glaucoma".

PAST SURGICAL HISTORY: Cholecystectomy

SOCIAL HISTORY: Married. Employed here in SON Faculty. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Father: Diabetes, heart disease, hypertension

HEALTH MX HISTORY: Mammogram 2022-normal. Pap 2022-Normal. She had colonoscopy when she was 49 yrs old a few months before her 50th birthday.

GYN- Dr. Bendale in GA.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/05/23

PATIENT: SMITH, LISA **DOB:** 09/29/1967 **Gender:** FEMALE **MRN:** 1403 **AGE:** 55 Years

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
TSH (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z00.00 - ENCOUNTER FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION

PLAN:

Follow up in 6 months for BMP recheck and as needed. Continue meds as prescribed.

losartan 100 mg tablet
Refills: 1 Qty: 90 TABLET(S)
Instructions: 1 TABLET PO QD

spironolactone 50 mg tablet
Refills: 1 Qty: 90 TABLET(S)
Instructions: 1 TABLET PO QD

Electronically signed by Lindsey Barton, CRNP on 01/05/23 10:19 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.