

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/06/22

PATIENT: SMITH, LISA **DOB:** 09/29/1967 **Gender:** FEMALE **MRN:** 1403 **AGE:** 54 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, congestion

HISTORY OF PRESENT ILLNESS: Pt is a 54 YOF who comes in with cough and congestion. She noticed a cough with not feeling well starting Monday. She has had 2 negative home COVID tests. She reports the cough worsens with conversation, dry cough. She did cough up some yellow/green mucous earlier today. She denies N/V/D, but does report low grade temp. Admits to poor appetite. Denies body aches but tells me she just does not feel well.

VITALS: BP: 123/73 **Pulse:** 98; **Temp:** 98.3; **Resp:** 17; **Ht:** 63 in.; **Wt:** 188.3 lbs.; **BMI:** 33.35; **Pulse Oximetry:** 97%

ALLERGIES: Demerol

MEDICATIONS:

losartan 100 mg tablet (1 TABLET PO QD)
simvastatin 5 mg tablet
spironolactone 50 mg tablet (1 TABLET PO QD)

PAST MEDICAL HISTORY: Arthritis, fractures, hypertension, chicken pox , HLD, prediabetes.

PAST SURGICAL HISTORY: Cholecystectomy

SOCIAL HISTORY: Denies

FAMILY HISTORY: Father: Diabetes, heart disease, hypertension

HEALTH MX HISTORY: Mammogram 2020. She had colonoscopy when she was 49 yrs old a few months before her 50th birthday.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink. + cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)
R09.81 - NASAL CONGESTION
R50.9 - FEVER, UNSPECIFIED
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

NEgative for flu, covid, strep. Dry cough noted. lung sounds normal. No fever in office. Advised to return if fever develops. RX to pharm for URI.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Maranda Fain, CRNP on 07/06/22 1:30 PM

M. Fain, CRNP