

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/07/20

PATIENT: SMITH, LISA **DOB:** 09/29/1967 **Gender:** FEMALE **MRN:** 1403 **AGE:** 53 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: State Wellness. Brought copy of her labs with her. Denies any complaints today.

VITALS: BP: 132/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 97.5; **Resp:** 17; **Ht:** 62.6 in.; **Wt:** 173.1 lbs.; **BMI:** 31.05; **Pulse Oximetry:** 83%; **FDLMP:** 12/03/20

ALLERGIES: Demerol; No Known Drug Allergies

MEDICATIONS:

losartan 100 mg tablet
metformin 500 mg tablet
simvastatin 5 mg tablet
spironolactone 50 mg tablet

PAST MEDICAL HISTORY: Arthritis, fractures, hypertension, chicken pox , HLD, prediabetes.

PAST SURGICAL HISTORY: Cholecystectomy

SOCIAL HISTORY: Denies

FAMILY HISTORY: Father: Diabetes, heart disease, hypertension

HEALTH MX HISTORY: Mammogram 2020. She had colonoscopy when she was 49 yrs old a few months before her 50th birthday. Pap smear 2020.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
BLOOD DRAW (1 unit(s)): In-House Lab
Glucose (1 unit(s)): In-House Lab

RESULTS:

Glucose:
Value: 123

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
E78.5 - Hyperlipidemia, unspecified

PLAN:

Complete wellness form sent faxed for Mrs. Smith.

Electronically signed by Lindsey Barton, CRNP on 12/16/20 8:20 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.