

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/24/21

PATIENT: SMITH, GERRY **DOB:** 06/16/1963 **Gender:** MALE **MRN:** 1408 **AGE:** 57 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: F/u

HISTORY OF PRESENT ILLNESS: Mr. Smith presents today for a follow up. He reports his blood pressure has been running in the 150's on the top number. He does not check it very often. Also, his gout is controlled with Allopurinol that was prescribed by his podiatrist. He has been contacted by Cologuard but has not completed his test. He has HLD and reports compliance with vascepa and fenofibrate.

VITALS: BP: 171/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 97.8; **Resp:** 17; **Ht:** 72 in.; **Wt:** 279.9 lbs.;
BMI: 37.96; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Vascepa 1 gram capsule (TAKE 2 CAPSULES (2 GRAM) BY ORAL ROUTE 2 TIMES PER DAY WITH FOOD)
allopurinol 300 mg tablet (1 tablet PO twice daily)
fenofibrate nanocrystallized 145 mg tablet (TAKE 1 TABLET (145 MG) BY ORAL ROUTE ONCE DAILY at bedtime)

PAST MEDICAL HISTORY: Hyperlipidemia, plantar fascitis.

PAST SURGICAL HISTORY: Hernia

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use. Is married.

FAMILY HISTORY: Unknown- adopted.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; Grade II/VI systolic ejection murmurs noted over mitral area; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

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EKG (1 unit(s)): Office Procedure
URIC ACID (1 unit(s)): Quest Diagnostics
BLOOD DRAW (1 unit(s)): In-House Lab

ASSESSMENT:

R01.1 - Cardiac murmur, unspecified (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
M10.9 - Gout, unspecified

PLAN:

EKG- NSR w/ first degree AVB at 60 BPM with no ischemic changes.
Referral to MCA for echo re: heart murmur.
Follow up with lab results. Start losartan for HTN. Continue to monitor BP and follow up in 2 weeks for BP recheck.

losartan 25 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (25 MG) BY ORAL ROUTE ONCE DAILY for HTN

Electronically signed by Lindsey Barton, CRNP on 03/24/21 10:09 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.