

Auburn Montgomery Student Health Services:

7461 East Dr
Montgomery AL, 361178092
(334) 244-3281

Date: 10/07/21

PATIENT: SMITH, GERRY

DOB: 06/16/1963

Gender: MALE

MRN: 1408

AGE: 58 Years

Addendum Date: 10/7/2021 9:02:37 AM by Maranda Fain

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers Exam

HISTORY OF PRESENT ILLNESS: Pt is a 58 YOM here for routine physical for his health insurance. No complaints today. PMH of heart murmur, bicuspid valve, seeing cardiology, Dr. Crawford. He also has PMH of obesity, HTN and HLD.

VITALS: BP: 132/73 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 96.4; **Resp:** 16; **Ht:** 73 in.; **Wt:** 276.4 lbs.; **BMI:** 36.46; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Vascepa 1 gram capsule (TAKE 2 CAPSULES (2 GRAM) BY ORAL ROUTE 2 TIMES PER DAY WITH FOOD)
allopurinol 300 mg tablet (1 TABLET PO TWICE DAILY)
fenofibrate nanocrystallized 145 mg tablet (TAKE 1 TABLET (145 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME)
losartan 25 mg tablet (TAKE 1 TABLET (25 MG) BY ORAL ROUTE ONCE DAILY for HTN)

PAST MEDICAL HISTORY: Hyperlipidemia, plantar fasciitis, HTN, obesity

PAST SURGICAL HISTORY: Hernia

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use. Is married.

FAMILY HISTORY: Unknown- adopted.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; RUSB and LLSB murmur noted, soft, grade II (not new); No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ Radial, DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
Influenza virus vaccine (1 unit(s)): Immunizations
Immunization Injection Administration (1 unit(s)): Injection

RESULTS:

Influenza virus vaccine:
Site Given: Left Deltoid
Dosage Given: 0.5 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
Z23 - ENCOUNTER FOR IMMUNIZATION

PLAN:

Pt here for healthy tiger screen and routine physical. Also requests flu shot. No general complaint. BP controlled on Losartan. Currently on Fenofibrate and Vascepa for cholesterol. Will get CMP, Lipid Panel, CBC today. He agrees. Flu shot given, no adverse reaction in office, tolerated well. Follow up pending lab results, otherwise follow up as needed. Pt agrees. Encouraged to decrease salt intake, lower calorie intake, and exercise. He agrees.

Electronically signed by Maranda Fain, CRNP on 10/07/21 8:59 AM

M. Fain, CRNP