

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/07/20

PATIENT: SMITH, GERRY **DOB:** 06/16/1963 **Gender:** MALE **MRN:** 1408 **AGE:** 57 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: State Wellness

HISTORY OF PRESENT ILLNESS: Needs a wellness for the state.

Hasn't seen a PCP in years.

Has been having foot pain for the past few weeks. He is seeing a podiatrist and going to PT. He was diagnosed with plantar fasciitis/tendonitis. Wants to check for gout.

He has not had a colonoscopy in the past and is interested in cologuard. He was adopted so he does not know much about his family history.

VITALS: BP: 159/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 67; **Temp:** 97.3; **Resp:** 16; **Ht:** 72.4 in.; **Wt:** 282.2 lbs.; **BMI:** 37.85; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

rosuvastatin 20 mg tablet

PAST MEDICAL HISTORY: Hyperlipidemia, plantar fasciitis.

PAST SURGICAL HISTORY: Hernia

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use. Is married.

FAMILY HISTORY: Unknown- adopted.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
PSA, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics
BLOOD DRAW (1 unit(s)): In-House Lab
Glucose (1 unit(s)): In-House Lab
URIC ACID (1 unit(s)): Quest Diagnostics
Immunization Injection Administration (1 unit(s)): Injection
Influenza virus vaccine (1 unit(s)): Immunizations

RESULTS:

Glucose:

Value: 120

Influenza virus vaccine:

Site Given: Left Deltoid

Dosage Given: 0.5 milliliter(s)

Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
M79.672 - PAIN IN LEFT FOOT
R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension
Z12.11 - ECTR FOR SCREENING FOR MALIG NEOPLASM OF COLON
Z12.5 - ECTR FOR SCREEN FOR MALIG NEOPLASM OF PROSTATE
Z23 - ENCOUNTER FOR IMMUNIZATION

PLAN:

Check BP twice daily at home. Return BP log in 1 week for review.

Cologuard request sent to cologuard.

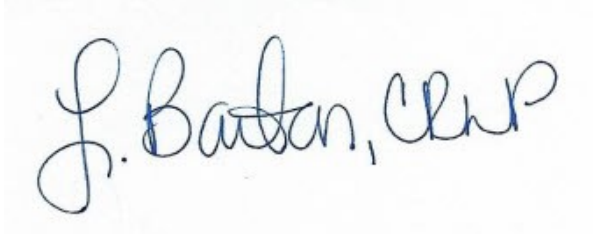
Electronically signed by Lindsey Barton, CRNP on 12/08/20 1:38 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".