

CONFIDENTIAL Fax

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[ID:9187031-H-11015]

SMITH, Gerry (id #334176, dob: 06/16/1963)



A small logo consisting of a cross with a heart inside, followed by the text 'A BAPTIST MEDICAL CENTER EAST FACILITY'.

ENCOUNTER REASON/DATE

Cardiac Evaluation and Management

Followup: Bicuspid aortic valve

Followup: Aortic valve stenosis

Followup: Aortic valve regurgitation

Followup: Mitral valve regurgitation

04/28/2026 - 08:30AM - BH MCA East

This is a summary of today's visit. Full record of visit is available upon request.

HISTORY OF PRESENT ILLNESS

Mr. Smith is a 62 year old male who returns for continued evaluation and management of aortic valve stenosis, aortic valve regurgitation and bicuspid aortic valve. He has a history of melanoma, hypertension, hyperlipidemia and sleep apnea. His most recent Echo from December 2023 revealed EF of 60-65%, mild cLVH, the aortic valve has diffuse thickening with restricted cusp opening, mild to moderate aortic valve thickening, mild to moderate aortic sclerosis, mild AR, moderate aortic stenosis and trace TR.

He comes in today with his wife. He really took my advice to heart and he has lost 39 lb. He works out 6 days a week. He feels really good. Recent lab work was excellent with a total cholesterol of 117. His only problem is that he severely cut his right index finger using a hedge trimmers.

PROBLEMS

Reviewed Problems

- * Obstructive sleep apnea; OSA (obstructive sleep apnea)
- * Essential hypertension
- * Hyperlipidemia
- * Aortic valve regurgitation
- * Mitral valve regurgitation
- * Bicuspid aortic valve
- * Body mass index 30+ - obesity
- * Aortic valve stenosis
- * Malignant melanoma

4/8/26 chol 117, trig 189, HDL 27, LDL 63, AST 19, ALT 13, BUN 17, creat 1.21, eGFR 68, K 4.7, TSH 2.340, T4 1.12, A1C 5.9

ADDITIONAL PAST MEDICAL HISTORY

Reviewed Past Medical History

Gout: Y

Heart Murmur: Y

Hyperlipidemia: Y

Hypertension: Y

Sleep Apnea: Y

SURGICAL AND PROCEDURAL HISTORY

Reviewed Surgical & Procedure History

- * Other Non-Cardiac Surgery - hernia repair, skin cancer removal (2023), cholecystectomy
- * Ultrasonography of limb - 06/27/2025 - (Upper Extremity Soft Tissue US) Abnormal lymph nodes visualized
- * Echocardiogram - 12/26/2023 - EF: 60-65%, mild cLVH, the aortic valve has diffuse thickening with restricted cusp opening, mild to moderate aortic valve thickening, mild to moderate aortic sclerosis, mild AR, moderate aortic stenosis, trace TR
- * Ct of thorax with contrast - 12/06/2023 - Severe aortic valve calcification
- * TEE - 04/29/2021 - EF 60-65%, congenitally malformed AV w/ calcified and fixed R coronary cusp, mild-mod AS, mild MR, trace TR
- * Echocardiogram - 03/24/2021 - EF 65-70%, mild cLVH, mild LAE, mild-mod MAC/MR, mild-mod AI

MEDICATIONS

Reviewed Medications

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allopurinol 300 mg tablet	Take 1 tablet(s) twice a day by oral route.	04/15/21	entered
	Take 1 tablet(s) twice a day by oral route.	04/28/26	prescribed
Entresto 49 mg-51 mg tablet	Note: D/C LOSARTAN		
multivitamin	daily	04/15/21	entered
rosuvastatin 20 mg tablet	Take 1 tablet(s) every day by oral route.	04/28/26	prescribed
Vascepa 1 gram capsule	Take 2 capsule(s) twice a day by oral route.	04/28/26	prescribed

4/28/2026 Pt did not bring meds, reviewed verbally AW
2/17/2025 Pt did not bring meds, reviewed verbally AW
12/7/21- pt did not bring meds, reviewed verbally -E.Cook
06/07/21 pt did not bring meds, reviewed verbally. BAR

ALLERGIES

Reviewed Allergies

NKDA

VITALS

Ht: 6 ft 1 in 04/28/2026 08:17 am	Wt: 263 lbs 04/28/2026 08:25 am	BMI: 34.7 04/28/2026 08:25 am
BP: 119/70 sitting 04/28/2026 08:26 am	HR: 54 04/28/2026 08:28 am	

PHYSICAL EXAM

Constitutional: General Appearance: well-developed, appears stated age, and **obese**. Level of Distress: comfortable. CSHA Clinical Frailty Assessment 2: Well appearing.

Psychiatric: Mental Status: normal affect, concentration, mood, and attention span and alert, cooperative, and cognition intact. Orientation: oriented to time, place, and person.

HEENT: Head: normocephalic and atraumatic. Ears: normal hearing. Nose: no lesions on external nose.

Eyes: Lids and Conjunctivae: no discharge, pallor, xanthelasma, or arcus. Pupils: PERRLA and EOM intact.

Neck: Neck: supple, trachea midline, no masses, and normal ROM. Carotid Arteries: no bruits or thrills and bilateral normal upstroke. Jugular Veins: normal jugular venous pressure.

Lungs: Respiratory Effort: unlabored. Chest Exam: no thoracic deformity or chest wall tenderness and normal curvature. Auscultation: no wheezing, rales, or rhonchi and clear bilaterally.

Cardiovascular: Precordial Exam: no heaves or precordial thrills and non displaced focal PMI. Rate And Rhythm: regular rate and rhythm. Heart Sounds: no rub, gallop, or click and normal S1 and physiologically split S2. Systolic Murmur: **grade 2/6 at the apex and 3/6 at the RUSB radiates to carotid**. Diastolic Murmur: not heard. Extremities: no cyanosis, edema, clubbing, or peripheral signs of emboli and normal temperature and capillary refill.

Peripheral Pulses: Pulses of Chest and Abdomen: no palpable aortic enlargement or audible aortic bruit. Posterior Tibialis Pulse normal. Dorsalis Pedis Pulse: normal.

Abdomen: Inspection and Palpation: non distended or tender and soft and no masses.

Musculoskeletal: Inspection: no joint tenderness or swelling, no erythema, and normal ROM.

Neurologic: Gait: normal gait. Motor: normal strength and tone. Neurological: speech fluent and cranial nerves II-XII grossly intact.

Skin: Inspection and Palpation: skin intact and warm and dry.

Accompanied by wife, who assists with history And brings labs

ASSESSMENT AND PLAN

10 year ASCVD risk is now 4.7%

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1. Aortic valve stenosis -

moderate but no symptoms. We did discuss again signs and symptoms to watch for

I35.0: Nonrheumatic aortic (valve) stenosis

2. Aortic valve regurgitation -

moderate. EKG shows sinus rhythm 54 with a first-degree AV block and nonspecific ST T wave changes, unchanged. We will continue to monitor.

I35.1: Nonrheumatic aortic (valve) insufficiency

■ ELECTROCARDIOGRAM

3. Bicuspid aortic valve - aware. Has AS and AI

Q23.1: Congenital insufficiency of aortic valve

4. Mitral valve regurgitation - relatively mild

I34.0: Nonrheumatic mitral (valve) insufficiency

5. Malignant melanoma -

aware . He is followed at UAB on a routine basis

C43.9: Malignant melanoma of skin, unspecified

6. Essential hypertension -

much improved with weight loss

I10: Essential (primary) hypertension

■ Entresto 49 mg-51 mg tablet - Take 1 tablet(s) twice a day by oral route. Qty: (180) tablet

Refills: 3 Pharmacy: KROGER PHARMACY 01100310 Note to Pharmacy: D/C LOSARTAN

7. Hyperlipidemia -

much improved

E78.2: Mixed hyperlipidemia

■ rosuvastatin 20 mg tablet - Take 1 tablet(s) every day by oral route. Qty: (90) tablet Refills: 3 Pharmacy: KROGER PHARMACY 01100310 Note to Pharmacy: Increasing from 10mg to 20mg

■ Vascepa 1 gram capsule - Take 2 capsule(s) twice a day by oral route. Qty: (360) capsule

Refills: 3 Pharmacy: KROGER PHARMACY 01100310

8. Obstructive sleep apnea

compliant with CPAP

G47.33: Obstructive sleep apnea (adult) (pediatric)

9. Body mass index 30+ - obesity -

encourage his excellent weight loss program

Z68.39: Body mass index [BMI] 39.0-39.9, adult

Patient Instructions

- Patient has been advised to continue all medications as listed above. I have not made any changes today.

- Instructed patient on the benefits of weight loss for better health.

Discussion Notes

- I have discussed with patient the importance of regular exercise and recommended starting or continuing a regular exercise program for good health.

Return to Office

■ Wynne Crawford, MD for Return MD at BH MCA East on 04/27/2027 at 08:30 AM

Electronically Signed by: WYNNE CRAWFORD, MD

