

MCA • 273 Winton M Blount Loop, Montgomery AL 36117-3507

SMITH, Gerry (id #192392, dob: 06/16/1963)

MONTGOMERY CARDIOVASCULAR ASSOCIATES PC

273 Winton M Blount Loop

Montgomery, AL 36117-3507

Phone: (334) 280-1500

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Encounter Summary

Date Printed: 06/08/2022

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Patient	Smith, Gerry (58yo, M) #192392
DOB	06/16/1963

Patient Address	1802 29th Street Valley, AL 36854	Home Phone	(706) 501-9420
		Work Phone	

Encounter Reason/Date	Cardiac Evaluation and Management Followup: Body mass index 30+ - obesity Followup: Aortic valve regurgitation Followup: Bicuspid aortic valve Followup: Hyperlipidemia Followup: Aortic valve stenosis Followup: Essential hypertension Followup: Mitral valve regurgitation 06/07/2022 - 09:15AM - MCA East
History of Present Illness	Mr. Gerry Smith is a 58 yo patient who presents today for ongoing management and evaluation of aortic regurgitation, mitral regurgitation, and hypertension. A TEE in April 2021 demonstrated congenital malformed aortic valve with calcified and fixed right coronary cusp. There was mild aortic stenosis, mild to moderate AI, and mild mitral regurgitation. He is really feeling quite well. He denies chest pain, shortness of breath, PND, orthopnea, pedal edema, palpitations, and syncope. He reports his blood pressure this morning was 130/70.
Review of Systems	Patient reports easy bleeding tendency but reports no bruising and no excessive bleeding. He reports no fever, no recent weight gain, no recent weight loss, no weakness, and no fatigue. He reports no transient or complete visual loss/blindness. He reports no loss of hearing or tinnitus. He reports no nosebleeds and no sinus problems. He reports no bleeding gums. He reports no shortness of breath, no coughing up blood, and no snoring. He reports no abdominal pain, not vomiting blood, no dyspepsia/indigestion, no blood in stool or black/tarry stools, and no difficulty swallowing /dysphagia. He reports no hematuria/blood in urine and no erectile dysfunction. He reports no muscle aches or cramps, no muscle weakness, and no arthralgias/joint pain. He reports no right lower leg pain with walking (no claudication). He reports no left lower leg pain with walking (no claudication). He reports no rashes. He reports no loss of consciousness, no focal weakness, no frequent or severe headaches, normal gait/no unsteadiness of walking difficulty, and (normal) abnormality of walk: frequent falls while walking. He reports no depression, no sleep disturbances, no anxiety, and no sleep disturbances: excessive sleepiness during the day (daytime somnolence). He reports no unusual sweating.

6/9/22
Reviewed
J. Bowman,
CHP

VITALS	<table border="1"> <tr> <td>Ht: 6 ft 1 in 06/07/2022 08:54 am</td> <td>Wt: 279 lbs 06/07/2022 08:56 am</td> <td>BMI: 36.8 06/07/2022 08:56 am</td> </tr> <tr> <td>BP: 140/80 sitting 06/07/2022 08:57 am</td> <td>HR: 65 06/07/2022 09:01 am</td> <td></td> </tr> </table>	Ht: 6 ft 1 in 06/07/2022 08:54 am	Wt: 279 lbs 06/07/2022 08:56 am	BMI: 36.8 06/07/2022 08:56 am	BP: 140/80 sitting 06/07/2022 08:57 am	HR: 65 06/07/2022 09:01 am							
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Medications	Reviewed Medications <table border="1"> <tr> <td>allopurinol 300 mg tablet Take 1 tablet(s) twice a day by oral route.</td> <td>04/15/21 entered</td> </tr> <tr> <td>losartan 100 mg tablet Take 1 tablet(s) every day by oral route.</td> <td>06/07/22 prescribed</td> </tr> <tr> <td>multivitamin daily</td> <td>04/15/21 entered</td> </tr> <tr> <td>rosuvastatin 10 mg tablet Take 1 tablet(s) every day by oral route.</td> <td>06/07/22 prescribed</td> </tr> <tr> <td>rosuvastatin 20 mg tablet Take 1 tablet(s) every day by oral route.</td> <td>06/08/22 prescribed</td> </tr> <tr> <td>Vascepa 1 gram capsule Take 2 capsule(s) twice a day by oral route.</td> <td>06/07/22 prescribed</td> </tr> </table> 12/7/21- pt did not bring meds, reviewed verbally -ECook 06/07/21 pt did not bring meds, reviewed verbally. BAR	allopurinol 300 mg tablet Take 1 tablet(s) twice a day by oral route.	04/15/21 entered	losartan 100 mg tablet Take 1 tablet(s) every day by oral route.	06/07/22 prescribed	multivitamin daily	04/15/21 entered	rosuvastatin 10 mg tablet Take 1 tablet(s) every day by oral route.	06/07/22 prescribed	rosuvastatin 20 mg tablet Take 1 tablet(s) every day by oral route.	06/08/22 prescribed	Vascepa 1 gram capsule Take 2 capsule(s) twice a day by oral route.	06/07/22 prescribed
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Family History	Family History not reviewed (last reviewed 04/15/2021) pt is adopted, but states that some relatives died due to cardiac events per ancestry website												
Past Medical History	Past Medical History not reviewed (last reviewed 04/15/2021) Gout: Y Heart Murmur: Y Hyperlipidemia: Y Hypertension: Y												
Past Surgical History	Surgical History not reviewed (last reviewed 06/07/2021) - Other Non-Cardiac Surgery - hernia repair - TEE - 04/29/2021 - EF 60-65%, congenitally malformed AV w/ calcified and fixed R coronary cusp, mild-mod AS, mild MR, trace TR - Echocardiogram - 03/24/2021 - EF 65-70%, mild cLVH, mild LAE, mild-mod MAC/MR, mild-mod AI												
Results/Interpretations	None recorded												
Physical Exam	Constitutional: General Appearance: well-developed, appears stated age, and obese. Level of Distress: comfortable. CSHA Clinical Frailty Assessment 2: Well appearing. Psychiatric: Mental Status: normal affect, concentration, mood, and attention span and alert, cooperative, and cognition intact. Orientation: oriented to time, place, and person. HEENT: Head: normocephalic and atraumatic. Ears: normal hearing. Nose: no lesions on external nose. Eyes: Lids and Conjunctivae: no discharge, pallor, xanthelasma, or arcus. Pupils: PERRLA and EOM intact. Neck: Neck: supple, trachea midline, no masses, and normal ROM. Carotid Arteries: no bruits or thrills and bilateral normal upstroke. Jugular Veins: normal jugular venous pressure. Lungs: Respiratory Effort: unlabored. Chest Exam: no thoracic deformity or chest wall tenderness and normal curvature. Auscultation: no wheezing, rales, or rhonchi and clear bilaterally.												

Cardiovascular: Precordial Exam: no heaves or precordial thrills and non displaced focal PMI. Rate And Rhythm: regular rate and rhythm. Heart Sounds: no rub, gallop, or click and normal S1 and physiologically split S2. Systolic Murmur: **grade 2/6 at the apex** . Diastolic Murmur: not heard. Extremities: no cyanosis, edema, clubbing, or peripheral signs of emboli and normal temperature and capillary refill.

Peripheral Pulses: Pulses of Chest and Abdomen: no palpable aortic enlargement or audible aortic bruit. Posterior Tibialis Pulse normal. Dorsalis Pedis Pulse: normal.

Abdomen: Inspection and Palpation: non distended or tender and soft and no masses.

Musculoskeletal: Inspection: no joint tenderness or swelling, no erythema, and normal ROM.

Neurologic: Gait: normal gait. Motor: normal strength and tone. Neurological: speech fluent and cranial nerves II-XII grossly intact.

Skin: Inspection and Palpation: skin intact and warm and dry.

Assessment and Plan**1. Aortic valve stenosis -**

TEE last year showed mild aortic stenosis and mild-to-moderate AI. Continue current meds

I35.0: Nonrheumatic aortic (valve) stenosis

2. Aortic valve regurgitation -

mild-to-moderate last year. EKG shows sinus rhythm at 65 and is a normal EKG, unchanged

I35.1: Nonrheumatic aortic (valve) insufficiency

- ELECTROCARDIOGRAM

3. Bicuspid aortic valve -

see above

Q23.1: Congenital insufficiency of aortic valve

4. Mitral valve regurgitation - mild

I34.0: Nonrheumatic mitral (valve) insufficiency

5. Body mass index 30+ - obesity -

once again we discussed the need for diet and exercise for weight loss

Z68.36: Body mass index [BMI] 36.0-36.9, adult

- BODY MASS INDEX: CARE INSTRUCTIONS
- LEARNING ABOUT HEALTHY WEIGHT

6. Hyperlipidemia -

check levels today

E78.2: Mixed hyperlipidemia

- Vascepa 1 gram capsule - Take 2 capsule(s) twice a day by oral route.
Qty: 360 capsule(s) Refills: 3 Pharmacy: KROGER ATLANTA 310
- rosuvastatin 10 mg tablet - Take 1 tablet(s) every day by oral route.
Qty: 90 tablet(s) Refills: 3 Pharmacy: KROGER ATLANTA 310
- LIPID PANEL, SERUM -
Note to Lab:
DATE TO BE DRAWN:

7. Essential hypertension -

generally well controlled at home

I10: Essential (primary) hypertension

- HIGH BLOOD PRESSURE: CARE INSTRUCTIONS
- losartan 100 mg tablet - Take 1 tablet(s) every day by oral route.
Qty: 90 tablet(s) Refills: 3 Pharmacy: KROGER ATLANTA 310

8. Long-term drug therapy

Z79.899: Other long term (current) drug therapy

- AST/SGOT (ASPARTATE AMINOTRANSFERASE), SERUM OR PLASMA -
Note to Lab:
DATE TO BE DRAWN:

Patient Instructions

- Patient has been advised to continue all medications as listed above. I have not made any changes today.
- Instructed patient on the benefits of weight loss for better health.

Discussion Notes

- I have discussed with patient the importance of regular exercise and recommended starting or continuing a regular exercise program for good health.

Return to Office

- Wynne Crawford MD for Return MD at MCA East on 06/06/2023 at 08:30 AM

Electronically Signed by: WYNNE CRAWFORD MD


