

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/05/24

PATIENT: MORRIS, KENDRA **DOB:** 08/02/1978 **Gender:** FEMALE **MRN:** 1412 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: rash

HISTORY OF PRESENT ILLNESS: 45 year old patient presents to clinic with complaints of a rash that started on 3/11/2024. The rash is to her chest, abdomen, back, and flank areas. It is small, circular, red areas that itch. There are no pustules noted, no pain with the exception of tenderness to touch (patient is unable to wear a bra due to discomfort), no drainage presents at this time. She has been on multiple rounds of antibiotics and steroids due to a consistent sinus infection per her report. She has been treated by her PCP with 3 different antibiotics (Azithromycin, Prednisone dose pack, Levofloxacin, Doxycycline, and 2nd Prednisone dose pack). She completed the last dose of antibiotics and steroids on 4/2 and 4/3. She states the rash started on her neck when she started the levaquin. She called her doctor and told him. At that point he sent in a prednisone taper and the doxycycline and the rash has since gotten worse.

She also states she still has a runny nose, cough, and congestion that has not cleared up.

Of note, she has RA and is followed by rheumatology, Dr. Massey. She states she recently saw them in Feb/March and was doing great. She is on methotrexate, plaquenil, and steroids daily.

VITALS: BP: 126/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 97.9; **Resp:** 16; **Ht:** 69 in.; **Wt:** 149 lbs.;
BMI: 22; **Pulse Oximetry:** 99%

ALLERGIES: Biaxin; Cefzil; amoxicillin

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (1 puff each nostril daily)
Plaquenil 200 mg tablet (daily)
Simponi 50 mg/0.5 mL subcutaneous syringe (monthly)
Vitamin C 500 mg tablet (daily)
Vitamin D3 25 mcg (1,000 unit) capsule (daily)
folic acid 1 mg tablet (daily)
gabapentin 300 mg capsule (BID)
methotrexate 2.5 mg tablet (weekly on Thursday)
prednisone 1 mg tablet (daily)
propranolol 60 mg tablet (daily)
ropinirole 0.5 mg tablet
topiramate 50 mg tablet (daily)
tramadol 50 mg tablet (Q4Hours PRN)

PAST MEDICAL HISTORY: RA, migraines and allergies. Takes prednisone for management of RA.

SOCIAL HISTORY: Married. AUM employee. 2 children. Denies smoking, drinking, or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/05/24

PATIENT: MORRIS, KENDRA **DOB:** 08/02/1978 **Gender:** FEMALE **MRN:** 1412 **AGE:** 45 Years

peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. Erythematous, maculopapular lesions to bilateral breasts, chest, abdomen, and back.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
C-REACTIVE PROTEIN (QUEST) (1 unit(s)): Quest Diagnostics
SED RATE BY MOD WEST (QUEST) (1 unit(s)): Quest Diagnostics
Varicella-Zoster IgM Antibody (1 unit(s)): Quest Diagnostics
Measles IgM (QUEST) (1 unit(s)): Quest Diagnostics
Mumps IgM (QUEST) (1 unit(s)): Quest Diagnostics
Rubella IgM (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

R21 - RASH AND OTHER NONSPECIFIC SKIN ERUPTION (PRIMARY)
J01.90 - Acute sinusitis, unspecified
M06.9 - RHEUMATOID ARTHRITIS, UNSPECIFIED

PLAN:

Discussed with collaborating physician, Dr. Tuck. Check labs. Given pepcid and hydroxyzine for the itching. Recommended she follow up with her rheumatologist as this could be related to RA. She is still having sinus issues despite multiple antibiotics and steroids. Recommend she follow up with her ENT. She states she saw one about a year ago. I am happy to provide a referral if needed if she can let me know who she goes too.

Pepcid 20 mg tablet
Refills: 0 Qty: 60 TABLET(S)
Instructions: TAKE 1 TABLET (20 MG) BY ORAL ROUTE 2 TIMES PER DAY

hydroxyzine HCl 25 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED for itching

Electronically signed by Lindsey Barton, CRNP on 04/08/24 1:49 PM

L Barton, CRNP

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/05/24

PATIENT: MORRIS, KENDRA **DOB:** 08/02/1978 **Gender:** FEMALE **MRN:** 1412 **AGE:** 45 Years