

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/09/21

PATIENT: MORRIS, KENDRA **DOB:** 08/02/1978 **Gender:** FEMALE **MRN:** 1412 **AGE:** 42 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Patient presents with complaints of cough and runny nose x2weeks.

HISTORY OF PRESENT ILLNESS: Patient presents with complaints of cough and runny nose (with clear drainage) x2weeks now. Patient denies loss of taste/smell, nausea/vomiting, gastrointestinal upset. Pt does report headache at times but states this is normal for her since she has a history of migraines.

Patient presents with a list of her home medications but does not know frequency on all of them. Home medications include Tramadol/Ultracet 50mg, Plaquenil 200mg, Folic Acid 1mg, Zyrtec 10mg, Methotrexate 2.5mg, Ropinirole 0.25mg, Topiramate 50mg, Risedronate/Actonel 150mg, Maxalt 10mg, Meloxicam 7.5mg, Gabapentin 300mg, Vitamin C 500mg, Vitamin D3 25mcg.

VITALS: BP: 122/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 108; **Temp:** 98.2; **Resp:** 17; **Ht:** 69 in.; **Wt:** 159.3 lbs.; **BMI:** 23.52; **Pulse Oximetry:** 98%

ALLERGIES: Biaxin; Cefzil; amoxicillin

PAST MEDICAL HISTORY: RA, migraines and allergies. Takes prednisone for management of RA.

SOCIAL HISTORY: Married. AUM employee.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fatigue, Patient denies: Fever, Chills,

ENMT: Patient is positive for: cough, runny nose, congestion, Rhinorrhea,

HEENT: Patient denies: Drainage, Itching, Pain,

CARDIOLOGIC: Patient denies: pain, murmur, palpitations, syncope,

RESPIRATORY: Patient is positive for: Cough,

GASTROINTESTINAL: Patient denies: abdominal pain,

MUSCULOSKELETAL: Patient is positive for: Joint pain (from RA)

NEUROLOGIC: Patient denies: Headache, Night sweats,

BREAST: All negative for discharge or mass.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: Tongue and uvula midline; Good Dentation; Airways patent;

EARS: TM's intact and reflect NCL;

NOSE: Clear rhinorrhea;

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THROAT: No exudates; No Tonsillar Hypertrophy;

NECK: Full Range of Motion; No Lymphadenopathy; No thyromegaly;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness. Non-productive cough present

NEUROLOGIC: Gait and Station Normal; Cranial Nerves Intact;

PSYCHIATRIC: Mood and Affect Appropriate;

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)

PLAN:

dexamethasone sodium phosphate 4 mg/mL injection syringe
Refills: 0 Qty: 1 ML(S)
Instructions: INJECT 1 MILLILITER (4 MG) BY INTRAMUSCULAR ROUTE (Dispensed)

OTC Xyzal qd

OTC cough meds (Delsym or Robitussin ect) as needed

Tylenol or Ibuprofen q 4 hours prn

If symptoms not resolving, RTC.

Electronically signed by Carol Stewart, NP on 07/09/21 4:19 PM

TIME SPENT:

25 Minutes