

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 10/06/22

**PATIENT:** MORRIS, KENDRA **DOB:** 08/02/1978 **Gender:** FEMALE **MRN:** 1412 **AGE:** 44 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** sore throat, nasal drainage

**HISTORY OF PRESENT ILLNESS:** Mrs. Morris is a 44 yo female here today for sore throat, sinus drainage down the back of her throat, nausea x 1 episode, and nasal congestion. Denies fever. Onset of symptoms 3 weeks ago.

**VITALS:** BP: 135/95 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 112; **Temp:** 98.1; **Resp:** 16; **Ht:** 69 in.; **Wt:** 151.5 lbs.; **BMI:** 22.37; **Pulse Oximetry:** 100%

**ALLERGIES:** Biaxin; Cefzil; amoxicillin

**MEDICATIONS:**

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension (1 puff each nostril daily)  
Nurtec ODT 75 mg disintegrating tablet (once every other day)  
Plaquenil 200 mg tablet (daily)  
Simponi 50 mg/0.5 mL subcutaneous syringe (monthly)  
Vitamin C 500 mg tablet (daily)  
Vitamin D3 25 mcg (1,000 unit) capsule (daily)  
Zyrtec 10 mg tablet (daily)  
folic acid 1 mg tablet (daily)  
gabapentin 300 mg capsule (BID)  
methotrexate 2.5 mg tablet (weekly on Thursday)  
prednisone 2.5 mg tablet (1 tablet daily)  
prednisone 5 mg tablet (1 tablet daily)  
topiramate 50 mg tablet (daily)  
tramadol 50 mg tablet (Q4Hours PRN)

**PAST MEDICAL HISTORY:** RA, migraines and allergies. Takes prednisone for management of RA.

**SOCIAL HISTORY:** Married. AUM employee. 2 children. Denies smoking, drinking, or illicit drug use.

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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**INTEGUMENTARY:** Warm, dry, intact. No lesions or rash noted.

**NEUROLOGIC:** Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

**PSYCHIATRIC:** Appropriate mood and affect.

**ORDERS:**

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection  
Depo-Medrol 40mg/ml (1 unit(s)): Injection  
Dexamethasone 4mg/ml (1 unit(s)): Injection

**RESULTS:**

Depo-Medrol 40mg/ml:  
Site Given: Left Ventral Gluteal  
Dosage Given: 40 milligram(s)  
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:  
Site Given: Left Ventral Gluteal  
Dosage Given: 4 milligram(s)  
Administered By: Bicknell, Miranda - RN

**ASSESSMENT:**

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)  
R05.9 - Cough, unspecified

**PLAN:**

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup  
Refills: 0 Qty: 240 ML(S)  
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS as needed for cough/congestion

clindamycin HCl 300 mg capsule  
Refills: 0 Qty: 30 CAPSULE(S)  
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 8 hrs x 10 days.

Follow up if no improvement or worsening symptoms.

Electronically signed by Lindsey Barton, CRNP on 10/06/22 2:22 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.

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