

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/22/21

PATIENT: LUTZ, TIMOTHY **DOB:** 01/20/1980 **Gender:** MALE **MRN:** 1432 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: healthy tigers screening

HISTORY OF PRESENT ILLNESS: Needs yearly wellness. PCP Dr. Chamnong. Denies any complaints today. He has HTN. He took his metoprolol this morning. He rarely checks his BP at home. When he does, he states it usually ranges from 130s-140s/90s-100. He has an appt with his PCP in a few weeks.

VITALS: BP: 145/101 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 58; **Temp:** 97.1; **Resp:** 16; **Ht:** 72 in.; **Wt:** 298 lbs.;
BMI: 40.41; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

allopurinol 100 mg tablet (500mg daily (per patient))
colchicine 0.6 mg tablet (daily)
metoprolol succinate ER 100 mg tablet, extended release 24 hr (daily)
simvastatin 40 mg tablet (daily)

PAST MEDICAL HISTORY: gout, HTN, HLD

PAST SURGICAL HISTORY: rotator cuff surgery; repair of broken nose

SOCIAL HISTORY: Works in athletics on campus. Drinks alcohol socially. Denies smoking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
GLUCOSE (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
M10.9 - Gout, unspecified

PLAN:

Follow up with lab results. Recommended he check his BP periodically throughout the week. Keep a log and return to his PCP at his next office visit. He verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 11/22/21 2:43 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.