

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/20/21

PATIENT: SMITH, WILLIAM **DOB:** 10/11/1962 **Gender:** **MRN:** 1443 **AGE:** 58 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: BP

HISTORY OF PRESENT ILLNESS: Just moved to Montgomery and currently does not have a physician. Here today regarding his BP medication and would like to establish care. States that even on medication, his BP can be elevated and typically runs in the 140s/90s with medication. Diagnosed 15 yrs ago.

Denies chest pain, SOB, or lower extremity swelling. His last colonoscopy was at age 50 and was reportedly normal. His last physical and labs were 2 yrs ago.

VITALS: BP: 163/100 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 98.1; **Resp:** 12; **Ht:** 71 in.; **Wt:** 232.9 lbs.; **BMI:** 32.48; **Pulse Oximetry:** 96%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

amlodipine 5 mg tablet
chlorthalidone 25 mg tablet
indomethacin 25 mg capsule (TID)
losartan 50 mg tablet

PAST MEDICAL HISTORY: HTN, gout, arthritis, eye disorders

PAST SURGICAL HISTORY: 2013 (L) hip replacement, (L) knee surgery due to dislocated patella, ACL repair and meniscus repair.

SOCIAL HISTORY: Occasionally drinks beer. States he exercises. No recreational drug or tobacco use. Heterosexual male. No recent declines in ADL.

FAMILY HISTORY: Brother=colon cancer diagnosed in mid to late 30s.

HEALTH MX HISTORY: Colonoscopy- age 50- reportedly normal. PSA- check today.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
PSA, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics
BLOOD DRAW (1 unit(s)): In-House Lab
EKG (1 unit(s)): Office Procedure
SARS-CoV-2 Serology (COVID-19) Antibody (IgG), Immunoassay (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19
Z01.84 - ENCOUNTER FOR ANTIBODY RESPONSE EXAMINATION
Z12.5 - ECTR FOR SCREEN FOR MALIG NEOPLASM OF PROSTATE

PLAN:

EKG- NSR at 70 BPM with no ischemic changes. Increase amlodipine to 10mg daily. Keep BP log for next 2 weeks checking twice daily. Return log to clinic for review. Follow up with labs and follow up in office in 6 months or sooner if needed.

amlodipine 10 mg tablet

Refills: 2 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY

chlorthalidone 25 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (25 MG) BY ORAL ROUTE ONCE DAILY

losartan 50 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (50 MG) BY ORAL ROUTE ONCE DAILY

indomethacin 25 mg capsule

Refills: 1 Qty: 90 TABLET(S)

Instructions: 1 tab PO TID prn pain

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Electronically signed by Lindsey Barton, CRNP on 01/20/21 9:51 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".