

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/04/25

PATIENT: TEST, TEST **DOB:** 01/01/1991 **Gender:** **MRN:** 1446 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 34 yo F c/o fatigue, weight gain over past 3 months, denies any N/V/D, denies fever. States just low energy and weight gain.

VITALS: BP: 125/71 **Pulse:** 85; **Temp:** 97.6; **Resp:** 18; **Ht:** 70 in.; **Wt:** 200 lbs.; **BMI:** 28.69; **Pulse Oximetry:** 99%

SOCIAL HISTORY: Never smoked tobacco 0 packs per day for 0 years (0 Pack Years).

FAMILY HISTORY: Father with history of: Diabetes: Mother with history of: Thyroid Disease;

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fatigue, Fatigue, Malaise,

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

PHYSICAL EXAMINATION:

GENERAL: NORMAL BODY GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

HEENT: Head and Neck: Without erythema or peritonsillar exudate.

CARDIOVASCULAR: Regular rate and rhythm; No systolic ejection murmurs noted;

GASTROINTESTINAL: Abdomen is soft; No gross distention noted; No tenderness noted on palpation in all four quadrants;

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NEUROLOGIC: Neurological exam intact;

ORDERS:

TSH (LabCorp) (1 unit(s)): LabCorp
CBC With Differential/Platelet (1 unit(s)): LabCorp
Comp. Metabolic Panel (14) (1 unit(s)): LabCorp

ASSESSMENT:

R53.82 - CHRONIC FATIGUE, UNSPECIFIED (PRIMARY)
R63.5 - ABNORMAL WEIGHT GAIN

PLAN:

Follow up in 4 weeks

TIME SPENT:

13 Minutes

Electronically signed by Breena Till, CRNP on 12/04/25 1:56 PM

