

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/22/22

PATIENT: SMITH, FREDDIE **DOB:** 01/25/1977 **Gender:** MALE **MRN:** 1448 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion

HISTORY OF PRESENT ILLNESS: Pt comes in with c/o sore throat, chest and nasal congestion, productive cough with yellow sputum, post nasal gtt. Denies fever, body aches, N/V/D. S/S started Tuesday. Reports taking Zyrtec for his seasonal allergies.

VITALS: BP: 124/78 **Pulse:** 72; **Temp:** 98.4; **Resp:** 17; **Ht:** 71 in.; **Wt:** 207.9 lbs.; **BMI:** 28.99; **Pulse Oximetry:** 96%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Uloric 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY for gout prevention)
indomethacin 50 mg capsule (TAKE 1 CAPSULE (50 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD AS NEEDED FOR GOUT FLARE UP)

PAST MEDICAL HISTORY: Gout

PAST SURGICAL HISTORY: 2 left foot surgeries and esophageal dilatation.

SOCIAL HISTORY: Married. Wife is employed here at AUM. He owns lawncare business and is a Physical therapist. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Father- deceased from MVA in his 40s. Mother- diabetes, gout. Grandparents- colon cancer, diabetes, heart disease, HTN, high cholesterol, and sudden cardiac arrest.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated;

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Solumedrol 125mg/2ml (1 unit(s)): Injection
STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R09.81 - NASAL CONGESTION
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

URI with some sinusitis like s/s. Will send RX to pharmacy Continue Zyrtec or Claritin daily. Call if fever develops or worsening s/s.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 04/22/22 2:40 PM

M. Fain, CRNP