

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/19/22

PATIENT: SMITH, FREDDIE **DOB:** 01/25/1977 **Gender:** MALE **MRN:** 1448 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough

HISTORY OF PRESENT ILLNESS: Pt is a 45 YOM who comes in with cough, congestion, nasal drainage. He reports s/s started on Saturday. He had a negative home covid test yesterday. He denies fever, N/V/D. Denies HA, chills, body aches.

VITALS: BP: 129/82 **Pulse:** 75; **Temp:** 97.7; **Resp:** 16; **Ht:** 71 in.; **Wt:** 214 lbs.; **BMI:** 29.84; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Uloric 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY for gout prevention)
indomethacin 50 mg capsule (TAKE 1 CAPSULE (50 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD AS NEEDED FOR GOUT FLARE UP)

PAST MEDICAL HISTORY: Gout

PAST SURGICAL HISTORY: 2 left foot surgeries and esophageal dilatation.

SOCIAL HISTORY: Married. Wife is employed here at AUM. He owns lawncare business and is a Physical therapist. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Father- deceased from MVA in his 40s. Mother- diabetes, gout. Grandparents- colon cancer, diabetes, heart disease, HTN, high cholesterol, and sudden cardiac arrest.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)
J00 - Acute nasopharyngitis [common cold]

PLAN:

Continue OTC Claritin and Flonase. Negative for COVID. Clear drainage. Steroid injection to help with inflammation and drainage. Return if s/s worsen or fever appears. Pt agrees.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 07/19/22 3:55 PM

Handwritten signature of M. Fain, CRNP in cursive script.