

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/29/21

PATIENT: DAVIS, GRACI **DOB:** 06/25/2002 **Gender:** FEMALE **MRN:** 1452 **AGE:** 19 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: frequency of urination, cloudy urine, odor.

HISTORY OF PRESENT ILLNESS: Since Saturday. She states she gets UTIs a few times a year. She feels like they occur every time when she has intercourse. Her last uti was November 2020. She denies back pain, abdominal pain, fever, or blood in urine.

VITALS: BP: 132/76 Site: LEFT ARM Position: SITTING Pulse: 103; Temp: 97; Resp: 16; Ht: 62 in.; Wt: 131.5 lbs.; BMI: 24.05; Pulse Oximetry: 97%

GROWTH PERCENTILES:

Weight/Age: 57

Height/Age: 19

Weight/Height: N/A

BMI/Age: 73

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lexapro 10 mg tablet (1 tablet daily)

Vyvanse 40 mg capsule (daily)

PAST MEDICAL HISTORY: ADHD, anxiety, depression

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Lives off campus in Auburn. Denies smoking or illicit drug use. Drinks alcohol on occasions.

FAMILY HISTORY: Both parents alive and healthy.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics
GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab
UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: cloudy
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.020
Blood: Positive
pH: 6
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
CS: yes
Comments: Leuks- 500, bld- 250

ASSESSMENT:

N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (PRIMARY)
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS

PLAN:

Increase water intake. Take macrobid as prescribed for UTI. Nitrofurantoin for post coital UTI prevention as needed.
Void after intercourse for UTI prevention.
Follow up with culture and STI results. Follow up as needed.

Macrobid 100 mg capsule
Refills: 0 Qty: 14 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

nitrofurantoin macrocrystal 50 mg capsule
Refills: 0 Qty: 20 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (50 MG) BY ORAL ROUTE once daily as needed after intercourse for UTI prevention.

Electronically signed by Lindsey Barton, CRNP on 09/29/21 3:05 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".