

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/27/21

PATIENT: BIRKHEAD, ROGER **DOB:** 07/26/1973 **Gender:** MALE **MRN:** 1473 **AGE:** 47 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Covid exposure

HISTORY OF PRESENT ILLNESS: Mr. Birkhead presents today for a covid test after having exposure to a coworker Thurs & Fri. He reports a sinus like headache Sunday and Monday that have since resolved. He denies fever, n/v/d and loss of taste/smell.

He had his first Moderna vaccine on Jan 18th and is scheduled for his second vaccine in Feb.

VITALS: BP: 142/97 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 97.9; **Resp:** 17; **Ht:** 72 in.; **Wt:** 188.8 lbs.;
BMI: 25.6; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Cardiac: Hyperlipidemia ; HEENT: Strep

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking and drug use, drinks occasionally

FAMILY HISTORY: Heart disease (maternal uncle) ; Breast cancer (mother)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
R51.9 - Headache, unspecified
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED

PLAN:

Will need to self- isolate for 10 days from date of exposure, continue to monitor for symptoms. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 01/27/21 12:57 PM



J. Barton, CRNP