

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/27/21

PATIENT: PAGE, SUSAN **DOB:** 01/12/1979 **Gender:** FEMALE **MRN:** 1478 **AGE:** 42 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Covid exposure and symptoms

HISTORY OF PRESENT ILLNESS: Ms. Page presents today for covid exposure and symptoms. Her husband tested positive last week. She now has developed a sore throat, fatigue, headache, and nasal congestion. She denies n/v/d, loss of taste/smell and fever. She has not tried any otc medications for her symptoms. Tomorrow will be day 10 for her husband's quarantine. She is hoping she can return back to work tomorrow as well if all is negative.

VITALS: BP: 107/44 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 98.9; **Resp:** 15; **Ht:** 67 in.; **Wt:** 175 lbs.;
BMI: 27.4; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Lexapro 20 mg tablet (1 tablet PO daily)
Vitamin D2 1,250 mcg (50,000 unit) capsule (1 tab PO once weekly)
clonazepam 0.5 mg tablet (1 tablet PO daily as needed for anxiety)
methimazole 5 mg tablet (1 tablet PO daily)
sumatriptan 50 mg tablet (as needed for migraines)

PAST MEDICAL HISTORY: HEENT: Sinus infection, strep, seasonal allergies ; Respiratory: bronchitis ; Endocrine: Grave's disease ; Psych: Anxiety, Neurology: Migraines, Integumentary: Eczema ; hyperthyroidism

PAST SURGICAL HISTORY: Breast biopsy, 2 c-sections, Oophorectomy

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Father: Diabetes Thyroid problems, Oral cancer, Depression ; Sister: Diabetes ; Grandparent: Diabetes, Thyroid Problems, Hyperlipidemia, Depression

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Recommended otc claritin or zyrtec for symptoms. Tylenol or motrin as needed for headache. Continue to monitor for symptoms through day 14. She can return to work tomorrow.

Electronically signed by Lindsey Barton, CRNP on 01/27/21 3:15 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.