

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/19/22

PATIENT: MARZETTE, DAEDRA **DOB:** 09/12/1992 **Gender:** FEMALE **MRN:** 1495 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: not feeling well

HISTORY OF PRESENT ILLNESS: Pt is a 29 YOF who comes in with congestion, runny nose, chills, body aches, diarrhea, cough, fatigue, decreased appetite, night sweats. She denies fever or N/V. Denies sore throat. S/S started late Sunday.

VITALS: BP: 140/95 **Pulse:** 99; **Temp:** 97.8; **Resp:** 16; **Ht:** 71 in.; **Wt:** 380 lbs.; **BMI:** 52.99; **Pulse Oximetry:** 99%;
FDLMP: 03/20/22

ALLERGIES: Augmentin (Acute vomiting); Macrobid

MEDICATIONS:

Prenatal 28 mg iron-800 mcg tablet (1 tablet daily)
ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule (1 capsule twice weekly)
lisinopril 40 mg tablet (1 tablet daily)
metformin ER 500 mg 24 hr tablet, extended release (TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY WITH THE EVENING MEAL)

PAST MEDICAL HISTORY: PCOS, HTN, sinus infections

SOCIAL HISTORY: Married, works on campus. Denies smoking or illicit drug use. Drinks alcohol socially.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; MAXillary sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted;

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

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RESULTS:

INFLUENZA:

Value: Positive

Comment: Flu A

Abbott Binax Now Rapid COVID :

Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)

R09.81 - NASAL CONGESTION

R19.7 - DIARRHEA, UNSPECIFIED

J11.1 - Influenza due to unidentified influenza virus with other respiratory manifestations

PLAN:

RX to pharmacy. Return to work Thursday based on s/s onset and as long as no fever develops.
Will call with worsening s/s.

Tamiflu 75 mg capsule

Refills: 0 Qty: 10 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (75 MG) BY ORAL ROUTE 2 TIMES PER DAY

Electronically signed by Maranda Fain, CRNP on 04/19/22 8:22 AM

Handwritten signature of M. Fain, CRNP in cursive script.