

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/11/22

PATIENT: MARZETTE, DAEDRA **DOB:** 09/12/1992 **Gender:** FEMALE **MRN:** 1495 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sick

HISTORY OF PRESENT ILLNESS: fatigue, feeling feverish, nasal congestion, clear sinus drainage, cough, and body aches since Saturday. Wheezing last night, but denies sob or wheezing today.

VITALS: BP: 149/49 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 107; **Temp:** 97.9; **Resp:** 18; **Ht:** 71 in.; **Wt:** 402 lbs.;
BMI: 56.06; **Pulse Oximetry:** 98%

ALLERGIES: Augmentin (Acute vomiting); Lortab; Macrobid

MEDICATIONS:

Prenatal 28 mg iron-800 mcg tablet (1 tablet daily)

Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler (INHALE 2 PUFFS BY INHALATION ROUTE 2 TIMES PER DAY IN THE MORNING ANDEVENING)

ergocalciferol (vitamin D2) 1,250 mcg (50,000 unit) capsule (1 capsule twice weekly)

lisinopril 40 mg tablet (1 tablet daily)

metformin ER 500 mg 24 hr tablet,extended release (TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY WITH THE EVENING MEAL)

PAST MEDICAL HISTORY: PCOS, HTN, sinus infections

SOCIAL HISTORY: Married, works on campus. Denies smoking or illicit drug use. Drinks alcohol socially.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + bilateral nasal turbinate swelling and erythema. + bilateral maxillary and frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Albuterol Sulfate 0.083mg (1 unit(s)): Surgical Procedure
COVID Rapid Testing (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

Rocephin 1G:
Site Given: Left Ventragluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J20.9 - ACUTE BRONCHITIS, UNSPECIFIED (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
J01.90 - ACUTE SINUSITIS, UNSPECIFIED
R53.83 - OTHER FATIGUE

PLAN:

Follow up as needed.

Bactrim DS 800 mg-160 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

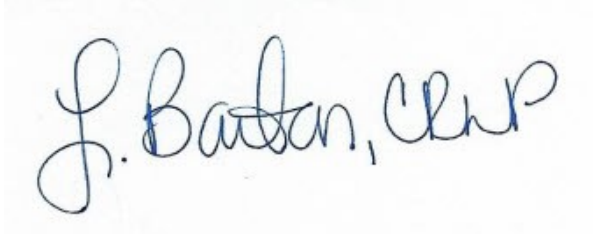
Electronically signed by Lindsey Barton, CRNP on 07/11/22 12:40 PM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".