

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/03/24

PATIENT: MARZETTE, DAEDRA **DOB:** 09/12/1992 **Gender:** FEMALE **MRN:** 1495 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Possible UTI

HISTORY OF PRESENT ILLNESS: Nurse Note

31 year old female who presents to clinic with complaints of dysuria, abdominal cramping, urine odor, urinary urgency, and inability to completely empty bladder. Symptoms have been present since Sunday. Patient denies N/V/D.

VITALS: BP: 136/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83 **Large Cuff** ; **Temp:** 96.9; **Resp:** 17; **Ht:** 71 in.; **Wt:** 406 lbs.; **BMI:** 56.62; **Pulse Oximetry:** 99%; **FDLMP:** 08/24/24

ALLERGIES: Augmentin (Acute vomiting); Lortab; Macrobid

MEDICATIONS:

Mounjaro 10 mg/0.5 mL subcutaneous pen injector (once weekly)
Singulair 10 mg tablet (1 tablet PO once daily)
hydrochlorothiazide 25 mg tablet (1/2 tablet PRN)
lisinopril 40 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: PCOS, HTN, sinus infections, UTIs, Anxiety r/t menstrual cycles.

PAST SURGICAL HISTORY: tonsils and adenoids

SOCIAL HISTORY: Married, works on campus. Denies smoking or illicit drug use. Drinks alcohol socially.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

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UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.025
Blood: Negative
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
CS: yes
Comments: Leuks- 25.

ASSESSMENT:

R30.0 - DYSURIA (PRIMARY)
R39.15 - URGENCY OF URINATION
R82.90 - UNSPECIFIED ABNORMAL FINDINGS IN URINE

PLAN:

Rx as per below. Follow up with urine culture results. Increase water intake.

Cipro 250 mg tablet
Refills: 0 Qty: 6 TABLET(S)
Instructions: 1 TABLET PO TWICE DAILY FOR 3 DAYS

Electronically signed by Lindsey Barton, CRNP on 09/03/24 1:07 PM

L. Barton, DNP, CRNP