

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/07/24

PATIENT: MARZETTE, DAEDRA **DOB:** 09/12/1992 **Gender:** FEMALE **MRN:** 1495 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cough, sinus drainage, congestion

HISTORY OF PRESENT ILLNESS: Ms. Marzette is a 32 yo female here today for productive cough with thick, yellow phlegm, sinus drainage, sinus pressure, fatigue, sneezing, and chest congestion since Tuesday. Denies fever. She has tried otc mucinex and sudafed.

VITALS: BP: 132/88 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87; **Temp:** 96.6; **Resp:** 18; **Ht:** 71 in.; **Wt:** 402 lbs.;
BMI: 56.06; **Pulse Oximetry:** 98%; **FDLMP:** 10/29/24

ALLERGIES: Augmentin (Acute vomiting); Lortab; Macrobid

MEDICATIONS:

Claritin 10 mg tablet
Mounjaro 10 mg/0.5 mL subcutaneous pen injector (once weekly)
Singulair 10 mg tablet (1 tablet PO once daily)
hydrochlorothiazide 25 mg tablet (1/2 tablet PRN)
lisinopril 40 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: PCOS, HTN, sinus infections, UTIs, Anxiety r/t menstrual cycles.

PAST SURGICAL HISTORY: tonsils and adenoids

SOCIAL HISTORY: Married, works on campus. Denies smoking or illicit drug use. Drinks alcohol socially.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

INFLUENZA Rapid Test (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA Rapid Test:
Value: Negative
Comment: Flu A and B negative.

COVID Rapid Testing:
Value: Negative

Rocephin 1G:
Site Given: Left Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
R09.81 - NASAL CONGESTION
R09.89 - OTH SYMP&SIGNS INVOLVING THE CIRC&RESP SYSTEMS

PLAN:

Rx as per below. Follow up as needed.

doxycycline hyclate 100 mg tablet
Refills: 0 Qty: 14 TABLET(S)
Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE 2 TIMES PER DAY

Electronically signed by Lindsey Barton, CRNP on 11/07/24 10:18 AM

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L. Barton, DNP, CRNP