

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/11/23

PATIENT: MARZETTE, DAEDRA **DOB:** 09/12/1992 **Gender:** FEMALE **MRN:** 1495 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Ingrown toe nail on right great toe for the past few days. C/o pain but no discharge from the nail bed. She tried to remove as much of the toenail as possible at home, but it started hurting too bad to get down deeper.

VITALS: BP: 132/80 **Pulse:** 91; **Temp:** 98.4; **Resp:** 16; **Ht:** 71 in.; **Wt:** 408 lbs.; **BMI:** 56.9; **Pulse Oximetry:** 99%;
FDLMP: 11/28/23

ALLERGIES: Augmentin (Acute vomiting); Lortab; Macrobid

MEDICATIONS:

Mounjaro 5 mg/0.5 mL subcutaneous pen injector (once weekly)
hydrochlorothiazide 25 mg tablet (every other day)
lisinopril 40 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: PCOS, HTN, sinus infections

SOCIAL HISTORY: Married, works on campus. Denies smoking or illicit drug use. Drinks alcohol socially.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. + TTP to lateral right big toe around the nail bed. No erythema, warmth, or drainage present.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

OFFICE PROCEDURE(S):

Procedure 1: Partial wedge resection of right big toenail.

Risks and benefits explained. Informed consent signed.

Cleansed right great toe with alcohol wipes. Used 0.5ml of 1% plain lidocaine for numbing. Once area was numbed, a partial wedge resection was performed of the lateral right great toe nail using curved toe nail clippers. The ingrown nail was removed with hemostats. Site was cleansed with wound cleanser. Mupirocin ointment and bandaid were applied. No complications noted. Procedure was tolerated well. Wound care instructions given. All questions were answered.

ASSESSMENT:

L60.0 - INGROWING NAIL (PRIMARY)

PLAN:

Recommended mupirocin cream (she has at home) twice daily and cover with bandage. Tylenol or ibuprofen as

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needed for pain. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 12/13/23 3:21 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style. The "J" is large and loops around the first part of the name. "Barton" is written in a standard cursive, and "CRNP" is written in a slightly more upright, blocky cursive style at the end of the line.