

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/01/21

PATIENT: DEL ROSARIO, ALAINA **DOB:** 05/24/1993 **Gender:** FEMALE **MRN:** 1498 **AGE:** 27 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sick visit

HISTORY OF PRESENT ILLNESS: Ms. Del Rosario presents today for sinus congestion and (L) ear pain that started yesterday morning. She reports clear sinus drainage, sore throat and cough. Denies fever, loss of taste/smell, n/v/d.

VITALS: BP: 120/64 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 79; **Temp:** 97.4; **Resp:** 16; **Ht:** 68 in.; **Wt:** 201 lbs.;
BMI: 30.56; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Prenatal Multivitamins 28 mg iron-800 mcg tablet
Vitamin D3 50 mcg (2,000 unit) tablet

PAST MEDICAL HISTORY: 1 pregnancy, sinus infections, strep, mono, pneumonia, heart murmur, UTI PCOS

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies using alcohol, tobacco or recreational drugs. Is married.

FAMILY HISTORY: Grandparent with history of diabetes and heart disease, Father has high cholesterol.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- Right tympanic membrane is clear. Left TM is erythematous and bulging. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 1 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J39.9 - DISEASE OF UPPER RESPIRATORY TRACT, UNSPECIFIED (PRIMARY)
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS
H66.92 - Otitis media, unspecified, left ear
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Tylenol or motrin as needed for pain.

Augmentin 875 mg-125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

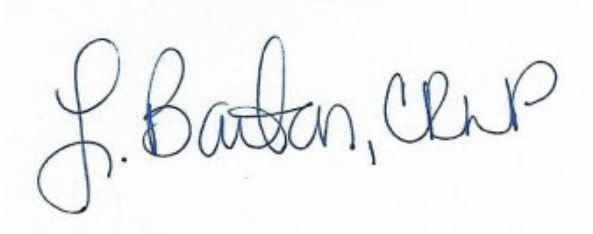
Electronically signed by Lindsey Barton, CRNP on 04/01/21 5:02 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".