

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/22/21

PATIENT: DEL ROSARIO, ALAINA **DOB:** 05/24/1993 **Gender:** FEMALE **MRN:** 1498 **AGE:** 28 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, cough

HISTORY OF PRESENT ILLNESS: Pt is a 28 YOF who is 9 weeks pregnant. She reports her daughter had a cold recently. She is here today with c/o sore throat, cough, HA, ear pain, nasal congestion, recent low grade fever. She is not flu vaccinated, but she is COVID vaccinated.

VITALS: BP: 136/79 **Pulse:** 65; **Temp:** 98.3; **Resp:** 17; **Ht:** 67 in.; **Wt:** 200 lbs.; **BMI:** 31.32; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Prenatal Multivitamins 28 mg iron-800 mcg tablet
Vitamin D3 50 mcg (2,000 unit) tablet

PAST MEDICAL HISTORY: 2 pregnancies sinus infections, strep, mono, pneumonia, heart murmur, UTI PCOS

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies using alcohol, tobacco or recreational drugs. Is married.

FAMILY HISTORY: Grandparent with history of diabetes and heart disease, Father has high cholesterol.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

R09.81 - NASAL CONGESTION

R05.9 - COUGH, UNSPECIFIED

J00 - Acute nasopharyngitis [common cold]

PLAN:

Pt here with clear drainage, s/s of cold/flu. 9 weeks pregnant. COVID, FLU, strep negative. Advised to use Flonase, Zyrtec, Tylenol Cold and Flu as needed or any other approved OTC meds by her OB. She agrees. Will call if worse next week.

Electronically signed by Maranda Fain, CRNP on 11/22/21 9:25 AM

Handwritten signature of M. Fain, CRNP in cursive script.