

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/22/21

PATIENT: KNIGGE, PIA **DOB:** 10/30/1963 **Gender:** FEMALE **MRN:** 1499 **AGE:** 57 Years

VISIT TYPE: Sick Visit- Est

CHIEF COMPLAINT: URI

Symptoms: Pt was diagnosed with the Flu on 02/02/2021. Took the medication as prescribed. Then last week felt fine and took the COVID vaccine. The first 2 days were normal except for a slight HA. Then developed cough with SOB, body aches, fever and night sweats and a sore throat.

VITALS: BP: 139/95 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 105; **Temp:** 97.2; **Resp:** 98; **Pulse Oximetry:** 14%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Cymbalta 60 mg capsule, delayed release
Duraflu 60 mg-20 mg-200 mg-325 mg tablet (1 tablet PO every 6 hrs as needed for flu like symptoms)
Xofluza 40 mg tablet (TAKE 2 TABLETS (80 MG) BY ORAL ROUTE ONCE for the flu)
Zyrtec 10 mg capsule
atorvastatin 20 mg tablet
valacyclovir 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE twice daily for 3 days)

PAST MEDICAL HISTORY: Seasonal allergies, high cholesterol, heart murmur, herpes, depression.

PAST SURGICAL HISTORY: Tonsil and adenoids, appendectomy, C-section and ACL

SOCIAL HISTORY: Quit smoking in 2000, drinks red wine 2-4 times a week. Lives off campus alone. Heterosexual

FAMILY HISTORY: Father=diabetes, heart disease and high cholesterol

Mother=Stroke, Thyroid issues and depression

Sister=thyroid and depression

Grandparents with history of diabetes, heart disease, stroke, high cholesterol, Colon cancer, depression.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fever, Chills, Nausea, Fatigue, Malaise,

ENMT: Patient is positive for: cough, congestion, sore throat, Patient denies: sinus pain, earache, Dysphagia,

HEENT: Patient denies: Blurred vision, Headache, Photophobia,

CARDIOLOGIC: Patient is positive for: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope. pain, murmur, palpitations, dizziness, syncope,

RESPIRATORY: Patient is positive for: Cough, SOB,

GASTROINTESTINAL: Patient is positive for: appetite loss, diarrhea, Patient denies: mass, swelling,

MUSCULOSKELETAL: Patient is positive for: Extremity Pain--aching in upper legs bilaterally

NEUROLOGIC: Patient denies: Headache, Difficulty with vision, Patient is positive for: Night sweats,

PHYSICAL EXAMINATION:

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GENERAL: Patient appears consistent with age, well developed/nourished, appears unwell. Alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Congested, runny nose.

THROAT: Throat is red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, positive for bilateral anterior cervical lymphadenopathy.

CARDIOVASCULAR: HRRR, no extra heart sounds, no murmur.

RESPIRATORY: Slightly increased respiratory effort noted. nonproductive cough present, BS: audible bilaterally with coarse rales noted. No wheezing.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; muscle strength 5+ bilaterally in upper and lower extremities.

LYMPHATIC: No adenopathy.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3;

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

Chest XRAY (1 unit(s)): Outside Diagnostic

STREP A (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

BLOOD DRAW (1 unit(s)): In-House Lab

COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Positive

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

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Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED
R50.9 - FEVER, UNSPECIFIED
R05 - COUGH
J22 - UNSPECIFIED ACUTE LOWER RESPIRATORY INFECTION

PLAN:

CXR , CBC, CMP today
Will await results to decide course of action.
Tylenol or Ibuprofen q 4 hours prn for fever and discomfort
OTC cough medication according to directions.

Electronically signed by Carol Stewart, NP on 02/22/21 2:14 PM