

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/04/21

PATIENT: WARD, CHELSEA **DOB:** 09/23/1976 **Gender:** FEMALE **MRN:** 1501 **AGE:** 44 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

Symptoms: Pt c/o fatigue, sore throat and HA that started yesterday. No fever, body aches and can still taste.
ModFact: Pt does have white coat syndrome and usually has an elevated BP while in a clinician's office.

VITALS: BP: 164/98 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 98.1; **Resp:** 14; **Ht:** 62 in.; **Wt:** 138.7 lbs.;
BMI: 25.36; **Pulse Oximetry:** 98%; **FDLMP:** 02/02/21

ALLERGIES: Sulfa (Sulfonamide Antibiotics)

PAST MEDICAL HISTORY: Strep, UTI

PAST SURGICAL HISTORY: DNC, elbow surgery and C-section

sSOCIAL HISTORY: Drinks been occasionally. Is a heterosexual female.

FAMILY HISTORY: Father =renal and skin cancer, Brother has high cholesterol. Mother=depression, grandparents with history of heart disease and stroke.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

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STREP A:

Value: Negative

INFLUENZA:

Value: Positive

Comment: Type A

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Tylenol or motrin as needed for pain/fever. Will require next 5 days off work. Follow up as needed.

Xofluza 20 mg tablet

Refills: 0 Qty: 2 TABLET(S)

Instructions: TAKE 2 TABLETS (40 MG) BY ORAL ROUTE ONCE for the flu

Electronically signed by Lindsey Barton, CRNP on 02/08/21 8:51 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.