

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/08/21

PATIENT: ALLEN, MICKI **DOB:** 08/28/1963 **Gender:** FEMALE **MRN:** 1503 **AGE:** 57 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: COVID exposure

Symptoms: Was in the ER last Saturday with a friend and was possibly exposed to COVID in the ER while waiting. She wore her mask the entire time, but they were very busy and had several people waiting. Denies any symptoms.

ModFact: Pt takes medication for Thyroid, Cholesterol, Magnesium B12 and zinc.

VITALS: BP: 109/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 65; **Temp:** 98.1; **Resp:** 16; **Ht:** 69 in.; **Wt:** 163.8 lbs.;
BMI: 24.18; **Pulse Oximetry:** 97%

ALLERGIES: epinephrine

PAST MEDICAL HISTORY: HLD, anxiety, migraines, hypothyroidism

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Father- diabetes, heart disease, high cholesterol; Mother- heart disease, high cholesterol, thyroid problems. Brother- diabetes, heart disease, colon cancer, depression. Sister- diabetes and depression.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)

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E78.5 - Hyperlipidemia, unspecified
E03.9 - Hypothyroidism, unspecified

PLAN:

Will need to quarantine for 10 days from date of exposure and continue to monitor for symptoms.

Electronically signed by Lindsey Barton, CRNP on 02/08/21 11:05 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.