

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/09/21

PATIENT: BIRKHEAD, ADELAIDE **DOB:** 03/17/2012 **Gender:** **MRN:** 1504 **AGE:** 8 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sick visit

HISTORY OF PRESENT ILLNESS: Ms. Birkhead is an 8 year old here today for a sick visit with her mother. She reports low grade fever (T-max 99), cough, headache, clear sinus drainage, and a dry throat since this morning. Her mother had the flu last week. She denies any N/V/D, or loss of taste/smell.

VITALS: BP: 107/73 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 101; **Temp:** 98.2; **Resp:** 13; **Ht:** 51 in.; **Wt:** 64.1 lbs.;
BMI: 17.32; **Pulse Oximetry:** 98%

GROWTH PERCENTILES:

Weight/Age: 51

Height/Age: 32

Weight/Height: N/A

BMI/Age: 67

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: HEENT: Strep

PAST SURGICAL HISTORY: Denies any past surgical history

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Mother: Skin cancer ; Grandparent: Renal cancer, skin cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19 (PRIMARY)
R51.9 - HEADACHE, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R05 - Cough

PLAN:

Recommended otc tylenol or motrin as needed for headache. OTC antihistamine for URI symptoms. Follow up as needed. Her mother verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 02/17/21 2:21 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.