

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/18/21

PATIENT: BIRKHEAD, ADELAIDE **DOB:** 03/17/2012 **Gender:** FEMALE **MRN:** 1504 **AGE:** 9 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, dry cough, nasal congestion.

HISTORY OF PRESENT ILLNESS: Pt comes in accompanied by her dad. Brother diagnosed with COVID and strep recently. She is having the above s/s. She had her first COVID vaccine 2 weeks ago. Denies loss of taste, smell, N/V/D. No fevers. No body aches or chills. Reports s/s start 2 days ago. Feels cough is bark like. No wheezing.

VITALS: BP: 120/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 98.7; **Resp:** 16; **Ht:** 54.5 in.; **Wt:** 74.2 lbs.; **BMI:** 17.56; **Pulse Oximetry:** 100%

GROWTH PERCENTILES:

Weight/Age: 59

Height/Age: 62

Weight/Height: N/A

BMI/Age: 63

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: HEENT: Strep

PAST SURGICAL HISTORY: Denies any past surgical history

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Mother: Skin cancer ; Grandparent: Renal cancer, skin cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Throat- Mild tonsil enlargement with pink throat, without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19
J00 - Acute nasopharyngitis [common cold]

PLAN:

Pt with her dad here with cough, sore throat. No fevers. Strep, Flu, COVID negative. No enlarged lymph nodes or wheezing on exam. Likely common cold versus croup, Bark like cough, but no wheezing or SOB. Advised to use OTC cough and cold meds that are age/weight appropriate. They will call if she develops ear pain, fever, green/yellow drainage from nose. Parent agrees.

Electronically signed by Maranda Fain, CRNP on 11/18/21 9:23 AM

