

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/09/21

PATIENT: YOUNG, SARAH **DOB:** 06/29/2007 **Gender:** FEMALE **MRN:** 1506 **AGE:** 13 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Covid symptoms

HISTORY OF PRESENT ILLNESS: Ms. Young presents today for a sick visit. She reports sore throat, headache, achy and fatigue since yesterday. Was exposure at a birthday party over the weekend. She took OTC Tylenol this morning. Denies loss of taste/smell, fever, cough, or sob.

VITALS: BP: 111/69 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 79; **Temp:** 99.1; **Resp:** 14; **Ht:** 60 in.; **Wt:** 79.4 lbs.;
BMI: 15.5; **Pulse Oximetry:** 98%; **FDLMP:** 01/23/21

GROWTH PERCENTILES:

Weight/Age: 4

Height/Age: 15

Weight/Height: N/A

BMI/Age: 4

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: HEENT: Seasonal allergies

PAST SURGICAL HISTORY: Denies any past surgical history

SOCIAL HISTORY: Denies drinking, smoking and drug use

FAMILY HISTORY: Grandparent: Diabetes, Heart disease, Hyperlipidemia

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Recommend otc tylenol or motrin as needed for pain. OTC antihistamine or tylenol cold and sinus for symptomatic relief if needed. Will need to quarantine for 10 days from date of exposure and continue to monitor for symptoms. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 02/17/21 2:52 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.