

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/22/21

PATIENT: MCKINNEY, RONALD **DOB:** 04/04/1970 **Gender:** MALE **MRN:** 1522 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: fever, sore throat, congestion

HISTORY OF PRESENT ILLNESS: Pt is a 51 YOM who comes in with a fever. He started having a sore throat on Wed afternoon. He then noticed congestion, aches, and a HA on Thursday. He has since continued to be congested, felt sore throat, post nasal gtt, and developed a hoarse voice. He denies N/V/D, loss of taste or smell, fatigue.

VITALS: BP: 133/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 98; **Temp:** 101.5; **Resp:** 18; **Ht:** 73 in.; **Wt:** 195 lbs.;
BMI: 25.72; **Pulse Oximetry:** 99%

ALLERGIES: Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Plastic Nose /sx

SOCIAL HISTORY: Denies tobacco, recreational drug abuse. Occasional alcohol intake. Works on campus.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

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INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

R09.81 - NASAL CONGESTION (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R50.9 - FEVER, UNSPECIFIED
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

Pt here with fever, sore throat, congestion. COVID, Flu, Strep swabs performed. All negative. Offered to check WBC count or Respiratory Panel Swab, pt declined. Will give steroid shot and call in Bromfed. He agrees. Will treat for viral respiratory illness. Asked to treat fevers with OTC Tylenol and Ibuprofen. He agrees. If he develops worsening s/s or yellow/green drainage, will call Monday. May need antibiotic if develops green or yellow mucous. Pt agrees.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 10/22/21 3:34 PM

M. Fain, CRNP

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