

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/25/21

PATIENT: MCCORMICK, HEATHER **DOB:** 04/27/1988 **Gender:** FEMALE **MRN:** 1533 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Follow up UA and possible labs

HISTORY OF PRESENT ILLNESS: Patient presents today for a follow up with UA and lab work. She reports fatigue over the past several months. She has a history of vitamin D deficiency. She completed treatment for it, but thinks that may be the issue again. She was referred to EMIC for a MRI L-spine and they have not called her yet to schedule. She has been taking flexeril at night with some relief.

She reports being on ozempic for weight loss. She has been taking it for 6 weeks and has lost about 10 lbs.

VITALS: BP: 122/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 80; **Temp:** 96.5; **Resp:** 16; **Ht:** 64 in.; **Wt:** 264.4 lbs.; **BMI:** 45.38; **Pulse Oximetry:** 98%; **FDLMP:** 08/10/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Ozempic 0.25 mg or 0.5 mg (2 mg/1.5 mL) subcutaneous pen injector (0.5mg once weekly)
Wellbutrin XL 150 mg 24 hr tablet, extended release (1 tablet PO daily)
cyclobenzaprine 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE 3 TIMES PER DAY as needed for muscle spasms)

PAST MEDICAL HISTORY: Frequent UTIs, Chronic low back pain.

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Married. Works on campus.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
VITAMIN B12 (QUEST) (1 unit(s)): Quest Diagnostics
VITAMIN D 25 - HYDROXY, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics
T4 FREE (QUEST) (1 unit(s)): Quest Diagnostics
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

RESULTS:

UA:
Glucose: Negative
Bill: Positive
Ketones: Negative
Sp: 1.020
Blood: Negative
pH: 6
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
Comments: Leu: 500; Bil: 1

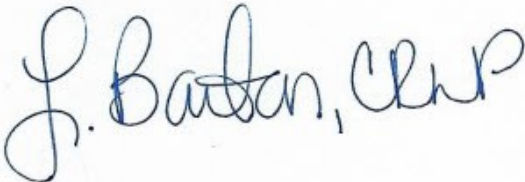
ASSESSMENT:

R53.83 - OTHER FATIGUE (PRIMARY)
E55.9 - VITAMIN D DEFICIENCY, UNSPECIFIED
E66.01 - MORBID (SEVERE) OBESITY DUE TO EXCESS CALORIES
Z87.440 - PERSONAL HISTORY OF URINARY (TRACT) INFECTIONS
Z13.220 - ENCOUNTER FOR SCREENING FOR LIPOID DISORDERS
Z13.1 - Encounter for screening for diabetes mellitus

PLAN:

Follow up with lab results. UA is negative for hematuria.

Electronically signed by Lindsey Barton, CRNP on 08/25/21 5:05 PM



J. Barton, CRNP

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