

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/13/20

PATIENT: KENNINGTON, CARRIE **DOB:** 10/17/1984 **Gender:** **MRN:** 1122 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: (L) ear pain

Symptoms: Started yesterday, pain radiating from throat into her ear when she would swallow. Slightly feverish, ear has been itching. No drainage noted. +pain

Location: (L) ear, possibly (R)

VITALS: BP: 130/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 98.2; **FDLMP:** 01/10/20

ALLERGIES: methylene blue ((Visual disturbances NOS) or (amblyopia) or (blurred vision))

MEDICATIONS:

Allegra Allergy 180 mg tablet (1 tablet daily by mouth as needed)

fluticasone propionate 50 mcg/actuation nasal spray,suspension (SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE DAILY)

PAST MEDICAL HISTORY: allergies, herpes (cold sore), pneumonia, pregnancy, chronic sinusitis, chicken pox

PAST SURGICAL HISTORY: wisdom teeth

SOCIAL HISTORY: Does not use alcohol; Does not use tobacco; Exercises regularly;

FAMILY HISTORY: Mother with history of: High Cholesterol; Father with history of: High Blood Pressure; Maternal Grandfather with history of: alcohol abuse; Maternal Grandmother with history of: CHF, Paternal Grandmother with history of: Breast cancer x 2, stroke--deceased at age 97; Maternal Aunt with history of Breast and ovarian cancer; Maternal uncle with history of alcohol abuse, colon and liver cancer--deceased at age 70; Paternal uncle with history of prostate ca and stroke

REVIEW OF SYSTEMS:

ENMT: Patient is positive for: earache,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Good Dentation; Tongue and uvula midline;

EARS: TMs intact; Left TM Serous Fluid; External Auditory Canal clear;

NOSE: No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy;

THROAT: Throat red; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, left cervical lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

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NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

H65.02 - ACUTE SEROUS OTITIS MEDIA, LEFT EAR (PRIMARY)

J06.9 - Acute upper respiratory infection, unspecified

PLAN:

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

May use allegra and/or flonase as directed.

Follow up PRN or if condition worsens

Electronically signed by Melodye Harvey, CRNP on 01/13/20 2:06 PM