

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/02/22

PATIENT: KENNINGTON, CARRIE **DOB:** 10/17/1984 **Gender:** FEMALE **MRN:** 1536 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: annual well visit

HISTORY OF PRESENT ILLNESS: No complaints today. She hasn't had a wellness since 2019.

VITALS: BP: 136/92 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87; **Temp:** 97.8; **Resp:** 17; **Ht:** 64 in.; **Wt:** 254 lbs.;
BMI: 43.59; **Pulse Oximetry:** 99%; **FDLMP:** 01/13/22

ALLERGIES: No Known Drug Allergies; methylene blue ((Visual disturbances NOS) or (amblyopia) or (blurred vision))

MEDICATIONS:

Allegra Allergy 180 mg tablet (1 tablet daily by mouth as needed)

Pepcid 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE 2 TIMES PER DAY for acid reflux)

PAST MEDICAL HISTORY: seasonal allergies, UTIs.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use. Works on campus in HR. Married w/ 1 child.

FAMILY HISTORY: Father- afib; Mother- HLD; Grandparent- CVA; breast cancer.

HEALTH MX HISTORY:

Pap smear- April 2021- normal

Mammogram- Dense breast tissue, otherwise normal (self-report) 2021

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
Immunization Injection Administration (1 unit(s)): Injection
Influenza virus vaccine (1 unit(s)): Immunizations
GLUCOSE (1 unit(s)): Quest Diagnostics

RESULTS:

Influenza virus vaccine:
Site Given: Left Deltoid
Dosage Given: 0.5 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

Z00.00 - Encounter for general adult medical examination without abnormal findings (PRIMARY).
Z23 - Encounter for immunization.

PLAN:

Follow up with labs. Follow up yearly for wellness.

Electronically signed by Lindsey Barton, CRNP on 02/02/22 1:09 PM



J. Barton, CRNP