

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/18/21

PATIENT: KENNINGTON, LINDSAY **DOB:** 10/17/1984 **Gender:** FEMALE **MRN:** 1536 **AGE:** 36 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: (L) swollen ear

HISTORY OF PRESENT ILLNESS: Ms. Kennington presents today for (L) ear swelling since last night. She scratched the inside of her ear and now it hurts intermittently. She reports muffled hearing and it is itchy at times. She denies any drainage. She reports this happened once before and her ear canal completely shut.

VITALS: BP: 136/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 98; **Resp:** 16; **Ht:** 65 in.; **Wt:** 250.6 lbs.;
BMI: 41.7; **Pulse Oximetry:** 99%; **FDLMP:** 03/03/21

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: No known past medical history

PAST SURGICAL HISTORY: Wisdom teeth removal

SOCIAL HISTORY: Denies smoking, drinking and drug use

FAMILY HISTORY: Father: Hypertension, A-fib.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Right Ear canal is patent. Left ear canal with soft tissue swelling at the opening. TM is clear. No drainage. Nose- septum-midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

H60.92 - Unspecified otitis externa, left ear (PRIMARY)

PLAN:

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neomycin-polymyxin-hydrocort 3.5 mg-10,000 unit/mL-1 % ear drops,susp

Refills: 0 Qty: 1 BOTTLE(S)

Instructions: INSTILL 4 DROPS INTO AFFECTED EAR(S) BY OTIC ROUTE 3 TIMES PER DAY

Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 03/18/21 11:27 AM



J. Barton, CRNP