

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/25/26

PATIENT: KENNINGTON, CARRIE **DOB:** 10/17/1984 **Gender:** FEMALE **MRN:** 1536 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Bruise to left leg after MVA on 1/22/2026

HISTORY OF PRESENT ILLNESS: 41 YO F c/o large bruise to shin of left leg following airbag deployment in MVA. States very large and tender at that time, has improved but has not gone away.

VITALS: BP: 152/99 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 78; **Temp:** 97.4; **Resp:** 17; **Ht:** 64 in.; **Wt:** 273.7 lbs.;
BMI: 46.98; **Pulse Oximetry:** 99%; **FDLMP:** 03/08/26

ALLERGIES: methylene blue ((Visual disturbances NOS) or (amblyopia) or (blurred vision))

MEDICATIONS:

Allegra Allergy 180 mg tablet (1 tablet daily by mouth as needed)

Pepcid 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE 2 TIMES PER DAY for acid reflux)

PAST MEDICAL HISTORY: seasonal allergies, UTIs.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use. Works on campus in HR. Married w/ 1 child.

FAMILY HISTORY: Father- afib; Mother- HLD; Grandparent- CVA; breast cancer.

HEALTH MX HISTORY:

Pap smear- April 2021- normal

Mammogram- Dense breast tissue, otherwise normal (self-report) 2021

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. Approx 6 inch diameter area of induration and discoloration noted to left front shin.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ASSESSMENT:

S89.92XA - Unspecified injury of left lower leg, initial encounter (PRIMARY)

PLAN:

Pt advised will likely take more time to fully heal due to significant bruising at initial injury, recommend NSAID at least once daily to help speed up process.

Electronically signed by Breena Till, CRNP on 03/25/26 8:56 AM

A handwritten signature in cursive script, appearing to read "B. Till", written in dark ink.