

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/07/20

PATIENT: KENNINGTON, CARRIE **DOB:** 10/17/1984 **Gender:** **MRN:** 1122 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Follow up ear infection

Symptoms: Patient reports that her left ear is better but not completely clear. She reports mild pressure and feeling underwater. She reports having 4 days of antibiotics left to take. Denies swimming since starting antibiotics.

VITALS: BP: 131/85 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 97.3; **Resp:** 14; **Pulse Oximetry:** 99%

ALLERGIES: methylene blue ((Visual disturbances NOS) or (amblyopia) or (blurred vision))

MEDICATIONS:

Allegra Allergy 180 mg tablet (1 tablet daily by mouth as needed)

amoxicillin 875 mg tablet (TAKE 1 TABLET (875 MG) BY ORAL ROUTE EVERY 12 HOURS)

fluconazole 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE, MAY REPEAT DOSE AFTER 3 DAYS IF SYMPTOMS PERSIST.)

ofloxacin 0.3 % ear drops (INSTILL 5-10 DROPS INTO AFFECTED EAR(S) BY OTIC ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: allergies, herpes (cold sore), pneumonia, pregnancy, chronic sinusitis, chicken pox

PAST SURGICAL HISTORY: wisdom teeth

SOCIAL HISTORY: Does not use alcohol; Does not use tobacco; Exercises regularly;

FAMILY HISTORY: Mother with history of: High Cholesterol; Father with history of: High Blood Pressure; Maternal Grandfather with history of: alcohol abuse; Maternal Grandmother with history of: CHF, Paternal Grandmother with history of: Breast cancer x 2, stroke--deceased at age 97; Maternal Aunt with history of Breast and ovarian cancer; Maternal uncle with history of alcohol abuse, colon and liver cancer--deceased at age 70; Paternal uncle with history of prostate ca and stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist;

EARS: Left TM reflection dull; Left TM Serous Fluid--mild; Hearing Normal; Pinna Normal; External Auditory Canal clear;

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy;

THROAT: Throat clear; No Tonsillar Hypertrophy;

NECK: Neck Supple; Full Range of Motion; No Tracheal Deviation; No Lymphadenopathy;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales; Breath Sounds Symmetric;

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MUSCULOSKELETAL: Full Range of Motion Gait Normal;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

H65.02 - ACUTE SEROUS OTITIS MEDIA, LEFT EAR (PRIMARY)--resolving

PLAN:

Complete full course of antibiotics.

Water precautions when swimming (wear ear plugs)

Follow up PRN or if condition worsens OR does not resolve.

Electronically signed by Melodye Harvey, CRNP on 07/07/20 4:50 PM