

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/28/20

PATIENT: KENNINGTON, CARRIE **DOB:** 10/17/1984 **Gender:** **MRN:** 1122 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Ear discomfort

Symptoms: Patient reports continued ear discomfort in her left ear. She reports wearing ear plugs when exposed to water (recreational). Denies ear pain. Denies any other symptoms.

VITALS: BP: 129/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 98.2; **Resp:** 14; **Pulse Oximetry:** 97%

ALLERGIES: methylene blue ((Visual disturbances NOS) or (amblyopia) or (blurred vision))

MEDICATIONS:

Allegra Allergy 180 mg tablet (1 tablet daily by mouth as needed)

fluconazole 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE, MAY REPEAT DOSE AFTER 3 DAYS IF SYMPTOMS PERSIST.)

ofloxacin 0.3 % ear drops (INSTILL 5-10 DROPS INTO AFFECTED EAR(S) BY OTIC ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: allergies, herpes (cold sore), pneumonia, pregnancy, chronic sinusitis, chicken pox

PAST SURGICAL HISTORY: wisdom teeth

SOCIAL HISTORY: Does not use alcohol; Does not use tobacco; Exercises regularly;

FAMILY HISTORY: Mother with history of: High Cholesterol; Father with history of: High Blood Pressure; Maternal Grandfather with history of: alcohol abuse; Maternal Grandmother with history of: CHF, Paternal Grandmother with history of: Breast cancer x 2, stroke--deceased at age 97; Maternal Aunt with history of Breast and ovarian cancer; Maternal uncle with history of alcohol abuse, colon and liver cancer--deceased at age 70; Paternal uncle with history of prostate ca and stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Left TM Serous Fluid; External Auditory Canal clear; TMs intact; Pinna Normal;

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

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NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

H65.02 - ACUTE SEROUS OTITIS MEDIA, LEFT EAR (PRIMARY)

PLAN:

sulfamethoxazole 800 mg-trimethoprim 160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

ofloxacin 0.3 % ear drops

Refills: 0 Qty: 5 ML(S)

Instructions: INSTILL 5-10 DROPS INTO AFFECTED EAR(S) BY OTIC ROUTE ONCE DAILY

Will consider referral to ENT for worsening or unresolving symptoms.

Follow up PRN or if condition worsens OR does not resolve.

Electronically signed by Melodye Harvey, CRNP on 07/28/20 4:45 PM